



RSVP by 12PM one business day before your visit by using the
"JCC Pittsburgh app" or by calling the lunch line at 412-446-4776.

AgeWell
at the JCC South Hills

KOSHER
by ALADDIN

12:30 PM - 1:30 PM

Dine In & To Go Meals • November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
November 2 Vegetable Lasagna Mixed Salad with Italian Dressing Peach Slices Bread	November 3 Chicken Breast with Lemon Sauce Mashed Sweet Potatoes Broccoli Florets Fruit Cocktail Bread	November 4 Tuna Salad Coleslaw Pickled Beets Graham Crackers Orange Dinner Roll	November 5 Sloppy Joe Sandwich Vinegar Potato Salad Green Beans Orange	November 6 Tilapia with Creole Sauce Roasted Potatoes Carrots Pineapple Chocolate Chip Cookie Challah
November 9 Tuna Patty with Tartar Sauce Tabouli Salad Carrots Apple Oatmeal Raisin Cookie Bread	November 10 Turkey with Gravy Yams with Brown Sugar Broccoli Fruit Cocktail Dinner Roll	November 11 Brown Sugar Glazed Salmon Chive Scalloped Potatoes Stewed Tomatoes Tangerine Bread	November 12 Stuffed Cabbage Garlic Whipped Potatoes Green Beans Peaches Bread	November 13 Tilapia Macaroni and Cheese Tomatoes and Cucumbers with Italian Dressing Orange Challah



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November 16 Salmon with Tomato Basil Sauce Carrots Egg Noodles Orange Dinner Roll	November 17 Chicken Stir Fry Brown Rice Banana Dinner Roll	November 18 Baked Tilapia Fish Tacos with Corn & Salsa Red Cabbage Slaw Pineapple Oatmeal Raisin Cookie	November 19 Turkey Breast with Gravy Mustard Herb Roasted Potatoes Green Beans Apple Bread	November 20 Stuffed Shells with Marinara Sauce Tossed Salad with French Dressing Tangerine Challah
November 23 Baked Salmon with Tomato Basil Sauce Brown Rice Broccoli Florets Banana Bread	November 24 Turkey Breast with Gravy Whipped Sweet Potatoes Broccoli Applesauce Cake Dinner Roll	November 25 Stuffed Shells with Marinara Sauce Leaf Spinach Peaches Bread	November 26 Happy Thanksgiving! No Meal Served Reserve your meal for Friday, 11/27 by 12pm on Thursday, 11/25.	November 27 Tuna Salad with Hard Cooked Egg Cole Slaw Pineapple Oatmeal Cookie Challah

Lunch is offered at a suggested donation of \$3 for registered South Hills AgeWell at the JCC members. Members can eat in the Jcafe or pick up a meal to go. Friends & family may not pick up meals for registered AgeWell at the JCC members.

Reservations must be placed by 12PM on the business day before the meal through the JCC Pittsburgh app or by calling 412-446-4776. **If you need to cancel a reservation, please call the lunch line.**

Menu is subject to change. Nutrition information is available by request.