



RSVP by 12PM one business day before your visit by using the "JCC Pittsburgh app" or by calling the lunch line at 412-446-4776.

AgeWell
at the JCC South Hills

KOSHER
by ALADDIN

12:30 PM - 1:30 PM

Dine In & To Go Meals • June 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p>June 1 Baked White Fish with Paprika & Tartar Sauce Au Gratin Potatoes Butternut Squash Mandarin Oranges & Pineapple Dinner Roll</p>	<p>June 2 Pot Roast with Gravy Baked Yams Green Beans with Red Peppers Tropical Fruit Mix Bread</p>	<p>June 3 Stuffed Shells with Marinara Sauce Tossed Salad with French Dressing Fruit Cocktail Dinner Roll</p>	<p>June 4 Chicken Cacciatore Egg Noodles Broccoli Banana Dinner Roll</p>	<p>June 5 Teriyaki Salmon Brown Rice Pilaf Carrots Tangerine Banana Cake Challah</p>
<p>June 8 Chickpea Tofu Curry Mixed Green Salad with Ranch Dressing Graham Crackers Orange Bread</p>	<p>June 9 Chicken Breast with Lemon Pepper Sauce Gourmet Potatoes Broccoli Florets Apple Bread</p>	<p>June 10 Baked Tilapia with Dill Sauce Stewed Tomatoes & Squash Brown Rice Tangerine Brownie</p>	<p>June 11 BBQ Beef Sandwich Vinegar Potato Salad Carrots Mandarin Oranges & Pineapple</p>	<p>June 12 Vegetable Lasagna Mixed Green Salad with Italian Dressing Peaches Challah</p>
<p>June 15 Vegetable Stuffed Pepper Whipped Potatoes Carrots Tangerine Bread</p>	<p>June 16 White Turkey Chili Beet Slices White Rice Orange Dinner Roll</p>	<p>June 17 Salmon with Tomato Basil Sauce Scalloped Potatoes Italian Green Beans Tropical Fruit Mix Bread</p>	<p>June 18 Chicken Breast with Mushroom Gravy Roasted Potatoes Mixed Vegetables Banana Bread</p>	<p>June 19 Eggplant Parmesan Tossed Salad with Italian Dressing Cantaloupe & Honeydew Cubes Challah</p>



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<p>June 22 Tuna Salad Sandwich Tabouli Salad Baby Carrots Tangerine Oatmeal Raisin Cookie</p>	<p>June 23 Turkey with Gravy Garlic Whipped Potatoes Peas & Carrots Stuffing Cranberry Sauce</p>	<p>June 24 Salmon with Dill Sauce Brown Rice Spiced Red Cabbage Apricots Bread</p>	<p>June 25 Stuffed Cabbage Roasted Potatoes Green & Yellow Beans Apple Bread</p>	<p>June 26 Baked White Fish with Tartar Sauce Chive Scalloped Potatoes Broccoli, Cauliflower, & Carrots Banana Challah</p>
<p>June 29 Salmon Patty with Tartar Sauce Vinegar Potato Salad Broccoli Grapes Bread</p>	<p>June 30 Sliced Chicken Breast Sandwich with Lettuce, Tomato, & Mayo Italian Pasta Salad Tangerine</p>	<p>July 1 Tuna Noodle Casserole Spinach Salad with Mandarin Oranges & Italian Dressing Apple Bread</p>	<p>July 2 Roast Beef with Gravy Italian Green Beans Brown Rice Orange Dinner Roll</p>	<p>July 3 AgeWell is Closed in Observance of Independence Day Be sure to reserve your meal for Tuesday, 7/7 by 12pm on Thursday, 7/2.</p>

Lunch is offered at a suggested donation of \$3 for registered South Hills AgeWell at the JCC members. Members can eat in the Jcafe or pick up a meal to go. Friends & family may not pick up meals for registered AgeWell at the JCC members.

Reservations must be placed by 12PM on the business day before the meal through the JCC Pittsburgh app or by calling 412-446-4776. **If you need to cancel a reservation, please call the lunch line.**

Menu is subject to change. Nutrition information is available by request.