



RSVP by 12PM one business day before your visit by using the "JCC Pittsburgh app" or by calling the lunch line at 412-446-4776.

AgeWell  
at the JCC South Hills

KOSHER  
by ALADDIN

12:30 PM - 1:30 PM

### Dine In & To Go Meals • February 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<b>February 2</b>  Vegetable Stuffed Pepper with Mozzarella Whipped Potatoes Carrots Tangerine Bread	<b>February 3</b>  White Turkey Chili Beet Slices White Rice Orange Dinner Roll	<b>February 4</b>  Eggplant Parmesan Tossed Salad with Italian Dressing Cantaloupe & Honeydew Bread	<b>February 5</b>  Chicken Breast with Mushroom Gravy Roasted Potatoes Mixed Vegetables Banana Bread	<b>February 6</b>  <p><b>The JCC is closed for Staff Care Day. Place your Jcafe reservation for Monday, 2/9 by 12pm on Thursday, 2/5.</b></p>
<b>February 9</b>  Tuna Salad Sandwich Tabouli Salad Baby Carrots Tangerine Cookie	<b>February 10</b>  Turkey with Gravy Whipped Potatoes Peas & Carrots Stuffing Cranberry Sauce	<b>February 11</b>  Salmon with Dill Sauce Confetti Brown Rice Spiced Red Cabbage Apricots Bread	<b>February 12</b>  Stuffed Cabbage Roasted Potatoes Green & Yellow Beans Apple Bread	<b>February 13</b>  Baked White Fish with Tartar Sauce Scalloped Potatoes Broccoli, Cauliflower, & Carrots Banana Challah



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<b>February 16</b>  Salmon Patty with Tartar Sauce Vinegar Potato Salad Broccoli Grapes Bread	<b>February 17</b>  Sliced Chicken Breast Sandwich with Lettuce, Tomato, & Mayonnaise Italian Pasta Salad Tangerine	<b>February 18</b>  Tuna Noodle Casserole Spinach Salad with Mandarin Oranges & Italian Dressing Apple Bread	<b>February 19</b>  Roast Beef with Gravy Italian Green Beans Brown Rice Orange Dinner Roll	<b>February 20</b>  Vegetarian Chili Baked Potato Cucumber Salad Banana Challah
<b>February 23</b>  Lasagna Primavera Tossed Salad with French Dressing Apple Dinner Roll	<b>February 24</b>  Meatloaf with Tomato Gravy Horseradish Whipped Potatoes Spinach Tangerine Bread	<b>February 25</b>  Salmon Dinner Salad with Ranch Dressing Broccoli Slaw Grapes Dinner Roll	<b>February 26</b>  Orange Glazed Chicken Carrots Brown Rice Tropical Fruit Yellow Cake Dinner Roll	<b>February 27</b>  Tuna Patty with Tartar Sauce Cabbage & Noodles Beet Slices Orange Challah

Lunch is offered at a suggested donation of \$3 for registered South Hills AgeWell at the JCC members. Members can eat in the Jcafe or pick up a meal to go. Friends & family may not pick up meals for registered AgeWell at the JCC members.

Reservations must be placed by 12PM on the business day before the meal through the JCC Pittsburgh app or by calling 412-446-4776. **If you need to cancel a reservation, please call the lunch line.**

Menu is subject to change. Nutrition information is available by request.