



RSVP by 12PM one business day before your visit by using the "JCC Pittsburgh app" or by calling the lunch line at 412-446-4776.

AgeWell
at the JCC South Hills

KOSHER
by ALADDIN

12:30 PM - 1:30 PM

Dine In & To Go Meals • June 2025

Monday	Tuesday	Wednesday	Thursday	Friday
June 2 Shavuot- JCC Closed No Meal Served <i>Be sure to place your lunch reservation for Tuesday, 6/3 by 12pm on Friday, 5/30.</i>	June 3 Spinach Ricotta Lasagna Whipped Sweet Potatoes Roasted Broccoli Applesauce Cake Challah	June 4 Salmon with Tomato Basil Sauce Scalloped Potatoes Italian Green Beans Tropical Fruit Mix Bread	June 5 Chicken Breast with Mushroom Gravy Roasted Potatoes Mixed Vegetables Banana Bread	June 6 Eggplant Parmesan Tossed Salad with Italian Dressing Cantaloupe & Honeydew Cubes Challah
June 9 Tuna Salad Sandwich Tabouli Salad Baby Carrots Tangerine Oatmeal Raisin Cookie	June 10 Stuffed Cabbage Roasted Potatoes Mixed Vegetables Apple Bread	June 11 Salmon with Dill Sauce Brown Rice Spiced Red Cabbage Apricots Bread	June 12 Turkey with Gravy Garlic Whipped Potatoes Green Beans with Red Peppers Stuffing Cranberry Sauce	June 13 Baked Tilapia with Tartar Sauce Chive Scalloped Potatoes Broccoli, Cauliflower, & Carrots Banana Challah
June 16 Salmon Patty with Tartar Sauce Potato Salad Broccoli Grapes Bread	June 17 Sliced Chicken Breast Sandwich with Lettuce, Tomato, & Mayonnaise Italian Pasta Salad with Zucchini & Broccoli Tangerine	June 18 Tuna Noodle Casserole Spinach & Strawberry Salad with Italian Dressing Peaches Bread	June 19 Roast Beef with Gravy Peas & Carrots Brown Rice Orange Dinner Roll	June 20 Vegetarian Chili Baked Potato Cucumber Salad with Italian Dressing Banana Challah



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June 23 Tuna Patty with Tartar Sauce Cabbage & Noodles Beet Slices Apple Bread	June 24 Meatloaf with Gravy Horseradish Whipped Potatoes Peas & Carrots Tangerine Bread	June 25 Salmon Dinner Salad with Ranch Dressing Broccoli Slaw Grapes Dinner Roll	June 26 Orange Glazed Chicken Carrots Brown Rice Orange Dinner Roll	June 27 Turkey Teriyaki Meatballs Spinach Cinnamon Applesauce Yellow Cake with Strawberries Challah
June 30 Baked White Fish with Paprika and Tartar Sauce Au Gratin Potatoes Butternut Squash Pineapple Dinner Roll				

Lunch is offered at a suggested donation of \$3 for registered South Hills AgeWell at the JCC members. Members can eat in the Jcafe or pick up a meal to go. Friends & family may not pick up meals for registered AgeWell at the JCC members.

Reservations must be placed by 12PM on the business day before the meal through the JCC Pittsburgh app or by calling 412-446-4776.

Menu is subject to change.