



**RSVP by 12PM one business day before your visit by using the "JCC Pittsburgh app" or by calling the lunch line at 412-446-4776.**

**AgeWell**  
at the JCC South Hills

**KOSHER**  
by ALADDIN

**12:30 PM - 1:30 PM**

**Dine In & To Go Meals • May 2025**

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>May 1</b> Turkey with Gravy Garlic Whipped Potatoes Green Beans with Red Peppers Stuffing Cranberry Sauce	<b>May 2</b> Baked Tilapia with Tartar Sauce Chive Scalloped Potatoes Broccoli, Cauliflower, & Carrots Banana Challah
<b>May 5</b> Salmon Patty with Tartar Sauce Potato Salad Broccoli Grapes Bread	<b>May 6</b> Sliced Chicken Breast Sandwich with Lettuce, Tomato, & Mayonnaise Italian Pasta Salad with Zucchini & Broccoli Tangerine	<b>May 7</b> Tuna Noodle Casserole Spinach & Strawberry Salad with Italian Dressing Peaches Bread	<b>May 8</b> Roast Beef with Gravy Peas & Carrots Brown Rice Orange Dinner Roll	<b>May 9</b> Vegetarian Chili Baked Potato Cucumber Salad with Italian Dressing Banana Challah
<b>May 12</b> Tuna Patty with Tartar Sauce Cabbage & Noodles Beet Slices Apple Bread	<b>May 13</b> Meatloaf with Gravy Horseradish Whipped Potatoes Peas & Carrots Tangerine Bread	<b>May 14</b> Salmon Dinner Salad with Ranch Dressing Broccoli Slaw Grapes Dinner Roll	<b>May 15</b> Orange Glazed Chicken Carrots Brown Rice Orange Dinner Roll	<b>May 16</b> Turkey Teriyaki Meatballs Spinach Cinnamon Applesauce Yellow Cake with Strawberries Challah



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<b>May 19</b> Baked White Fish with Paprika and Tartar Sauce Au Gratin Potatoes Butternut Squash Pineapple Dinner Roll	<b>May 20</b> Pot Roast with Gravy Baked Yams Green Beans with Red Peppers Tropical Mix Fruit Bread	<b>May 21</b> Stuffed Shells with Marinara Sauce Tossed Salad with French Dressing Apple Dinner Roll	<b>May 22</b> Chicken Cacciatore Carrots Egg Noodles Banana Dinner Roll	<b>May 23</b> Teriyaki Salmon Rice Pilaf Broccoli Tangerine Banana Cake Challah
<b>May 26</b>  Memorial Day No Meal Served  Be sure to make your reservation for Tuesday, 5/27 by 12pm on Friday, 5/23.	<b>May 27</b> Hamburger Potato Salad Chilled Vegetable Salad Brownie	<b>May 28</b> Baked Tilapia with Dill Sauce Stewed Tomatoes & Squash Brown Rice Tangerine Brownie	<b>May 29</b> BBQ Beef Sandwich Vinegar Potato Salad Carrots Mandarin Oranges & Pineapple	<b>May 30</b> Vegetable Lasagna Mixed Green Salad with Italian Dressing Banana Challah

Lunch is offered at a suggested donation of \$3 for registered South Hills AgeWell at the JCC members. Members can eat in the Jcafe or pick up a meal to go. Friends & family may not pick up meals for registered AgeWell at the JCC members.

Reservations must be placed by 12PM on the business day before the meal through the JCC Pittsburgh app or by calling 412-446-4776.

Menu is subject to change.