



**RSVP by 12PM one business day before your visit by using the "JCC Pittsburgh app" or by calling the lunch line at 412-446-4776.**

**AgeWell**  
at the JCC South Hills

**KOSHER**  
by ALADDIN

**12:30 PM - 1:30 PM**

**Dine In & To Go Meals • April 2025**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>March 31</b> Salmon Dinner Salad with Ranch Dressing Broccoli Slaw Grapes Dinner Roll	<b>April 1</b> Meatloaf with Gravy Horseradish Whipped Potatoes Peas & Carrots Tangerine Bread	<b>April 2</b> Tuna Patty with Tartar Sauce Cabbage & Noodles Beet Slices Apple Bread	<b>April 3</b> Orange Glazed Chicken Carrots Brown Rice Orange Dinner Roll	<b>April 4</b> Turkey Teriyaki Meatballs Spinach Cinnamon Applesauce Yellow Cake with Strawberries Challah
<b>April 7</b> Baked White Fish with Paprika and Tartar Sauce Au Gratin Potatoes Butternut Squash Pineapple Dinner Roll	<b>April 8</b> Pot Roast with Gravy Baked Yams Green Beans with Red Peppers Tropical Mix Fruit Bread	<b>April 9</b> Stuffed Shells with Marinara Sauce Tossed Salad with French Dressing Apple Dinner Roll	<b>April 10</b> Chicken Cacciatore Carrots Egg Noodles Banana Dinner Roll	<b>April 11</b> Teriyaki Salmon Rice Pilaf Broccoli Tangerine Banana Cake Challah
<b>April 14</b> Baked Tilapia with Paprika Mashed Potatoes Carrots Applesauce Matzah	<b>April 15</b> Chicken Matzah Ball Soup Broccoli Charoset Pears Matzah	<b>April 16</b> Meat Loaf with Gravy Glazed Yams Spinach Mandarin Oranges Matzah	<b>April 17</b> Beef Tips with Gravy Broccoli Rosted Potatoes Mixed Fruit Matzah	<b>April 18</b> Roast Beef with Gravy Lemon Potatoes Carrots Pineapple Matzah



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<p><b>April 21</b> Vegetarian Patty with Apple Spice Glaze Whipped Potatoes Carrots Peaches Bread</p>	<p><b>April 22</b> White Turkey Chili with White Rice Beet Slices Orange Dinner Roll</p>	<p><b>April 23</b> Salmon with Tomato Basil Sauce Scalloped Potatoes Italian Green Beans Tropical Fruit Mix Bread</p>	<p><b>April 24</b> Chicken Breast with Mushroom Gravy Roasted Potatoes Mixed Vegetables Banana Bread</p>	<p><b>April 25</b> Eggplant Parmesan Tossed Salad with Italian Dressing Cantaloupe &amp; Honeydew Cubes Challah</p>
<p><b>April 28</b> Salmon with Dill Sauce Brown Rice Spiced Red Cabbage Apricots Bread</p>	<p><b>April 29</b> Stuffed Cabbage Roasted Potatoes Mixed Vegetables Apple Bread</p>	<p><b>April 30</b> Tuna Salad Sandwich Tabouli Salad Baby Carrots Tangerine Oatmeal Raisin Cookie</p>	<p><b>May 1</b> Turkey with Gravy Garlic Whipped Potatoes Green Beans with Red Peppers Stuffing Cranberry Sauce</p>	<p><b>May 2</b> Baked Tilapia with Tartar Sauce Chive Scalloped Potatoes Broccoli, Cauliflower, &amp; Carrots Banana Challah</p>

Lunch is offered at a suggested donation of \$3 for registered South Hills AgeWell at the JCC members. Members can eat in the Jcafe or pick up a meal to go. Friends & family may not pick up meals for registered AgeWell at the JCC members.

Reservations must be placed by 12PM on the business day before the meal through the JCC Pittsburgh app or by calling 412-446-4776.

Menu is subject to change.