

**Thursday, September 5, 2024**

## **AgeWell at the JCC South Hills Becomes Area Agency on Aging Senior Center Focal Point**

**PITTSBURGH, PA** – The Jewish Community Center of Greater Pittsburgh is excited to announce that its AgeWell at the JCC South Hills program is now part of Allegheny County’s Department of Human Services, Area Agency on Aging’s, Senior Center network, joining AgeWell at the JCC in the Squirrel Hill JCC, a longstanding partner of Allegheny County’s Senior Center network.

AgeWell at the JCC programs are designed to foster social networking and offer health and wellness programs designed to help older adults stay fit—physically, mentally and socially. AgeWell at the JCC programs are open to anyone who is 60 years of age or older and a resident of Allegheny County.

Through the support of the Jack Buncher Foundation, JCC launched AgeWell at the JCC South Hills in February 2023, expanding fitness and wellness programming and adding kosher style lunches along with a wide variety of services, classes and socialization activities for older adults housed at the JCC South Hills.

Since its launch, AgeWell at the JCC South Hills grew rapidly and now has more than 1,000 members.

As a part of the Area Agency on Aging senior center network, AgeWell at the JCC South Hills will offer kosher congregate meals five days each week, have expanded office hours, and increase the number of programs and activities offered throughout the week.

“We are pleased that both locations of AgeWell at the JCC are now recognized as Senior Center Focal Points,” said Sharon Feinman, Division Director, Senior Adults/AgeWell. “This furthers our ability to provide services related to health, nutrition, and socialization that allow older adults to remain independent and active in their community.”

AgeWell at the JCC, established more than four decades ago at the JCC in Squirrel Hill, is part of the unique partnership of AgeWell Pittsburgh. This collaborative program of the Jewish Association on Aging, the JCC, and Jewish Family and Community Services aims to provide seamless service delivery to Pittsburgh’s older adults by providing services to support living as independently as possible.

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