



AgeWell at the JCC Program Calendar June 2018



“To provide seamless delivery of services to Pittsburgh’s older adults, providing support to live as independently as possible.”

Ongoing Classes

Tablet Cafe– Monday, Tuesday and Thursday - 9:30-11am, 204

Mondays:
11am-12 Noon-Chess Class, 202
12:15pm-Lunch & Learn with Rabbi Ron Symons, Levinson
*Check calendar for dates
1:15pm-Mind-Full Mondays

Tuesdays:
10am-Yiddish Readings w/Ron Rager, Room 202
11am-Schmooze about the News with Dave Dinkin, Room 204
3-4:30pm-General Bereavement Support Group, **June 26**

Wednesdays:
1pm & 1:45pm - T'ai Chi Doris Putkovich, Instructor
On hiatus until September 5

Thursdays:
10am- Choral Group, Room 307

Fridays:
9:30-10:20am-Jewish History Class w/Professor Alex Orbach
*Check calendar for dates
10:30-11:30am-Current Events Discussion Class, Room 202
10:30am - Shabbat Celebration with ECDC in the Palm Court.
*Beginning **June 22**, Shabbat will be at **9:30am** in Weinberg Terrace. Everyone is welcome!
Attorney Appointments: **June 8**
Must pre-register in Room 201.

Mon

Tue

Wed

Thu

Fri



Fallingwater Tour
Sunday, June 17
10:30am-3:30pm
\$75/person includes
transportation from JCC

For more information,
contact Debbie Mar-
cus, 412-339-5405, or
dmarcus@jccpgh.org,
or stop in Room 201.



1 9:30-10:20am
Jewish History
10:30-11:30am
Current Events
Room 202

8
No Jewish History
10:30-11:30am
Current Events
Room 202

15 9:30-10:20am
Jewish History
10:30-11:30am
Current Events
Room 202

22 9:30-10:20am
Jewish History
10:30-11:30am
Current Events
Room 202

29 9:30-10:20am
Jewish History
10:30-11:30am
Current Events
Room 202

AgeWell at the JCC
Room 201, Office hours:
9am-5pm, Mon.-Fri.
Phone: 412-521-8010

J Cafe Hours:
M-F: 11 am-1 pm
24-hour Lunch Reserva-
tion Line:
412-567-1715

Menu available online:
www.jccpgh.org, or pick
up a menu in the Program
Office, Room 201

Reservations preferred by
noon the day before, but you
may call or register no later
than 10am the day of the
requested reservation.

J Cafe is supervised by
the Vaad. NO outside food
is permitted in the
J Cafe.

~J CAFE MENU ON
THE OTHER SIDE~

4 9:30am-Tablet Cafe
No Lunch & Learn
1:15pm-Human Sexu-
ality & Addiction with
Maurice Cerul, M.D.
Part 1

11 9:30am-Tablet Cafe
No Lunch & Learn
1:15pm- Human Sexu-
ality & Addiction with
Maurice Cerul, M.D.

18 9:30am-Tablet
Cafe; No Lunch &
Learn; 1:15pm-
Conversation with Dr.
Caplan, Rm. 204

25 9:30-11am-Tablet
Cafe, Room 204
12:15pm- Lunch &
Learn, Levinson
1:15pm-Scrabble

5 9:30-11am-Tablet
Cafe, Room 204
1:15pm-Scrabble

12 9am-3pm-Farmers'
Market Coupon Day
Room 202
9:30-11am-Tablet
Cafe, Room 204

19 9:30-11am-Tablet
Cafe, Room 204
1:15pm-Scrabble

26 9:30-11am-Tablet
Cafe, Room 204
1:15pm-Scrabble
3-4:30pm-General Be-
reavement Support
Group, Room 204

6 10-11am-Blood Pres-
sure Screening
Room 204
1:15pm- Movie
Room 202

13 10am-Blood Pres-
sure Screening
Room 204
1:15pm- Movie
Room 202

20 10-11am-Blood
Pressure Screening
Room 204
1:15pm- Movie
Room 202

27 10-11am-Blood
Pressure Screening
Room 204
1:15pm- Movie
Room 202

7 9:30am-Tablet Cafe
Class, Rm. 204
1:15pm-Nutrition
Talk: "Food & Activi-
ty to Help your Brain"
Room 202

14 9:30am-Tablet
Cafe Class, Rm. 204
1:15pm-MindMatters:
"Down by the Depot"
Room 202

21 9:30am-Tablet
Cafe Class, Rm. 204
1:15pm- Scrabble

First Day of Summer

28 9:30am-Tablet
Cafe Class, Rm. 204
1:15pm- PALS Book
Club, Room 204