



RSVP by 12PM one business day before your visit by using the "JCC Pittsburgh app" or by calling the lunch line at 412-446-4776.

AgeWell
at the JCC South Hills

KOSHER
by ALADDIN

12:30 PM - 1:30 PM

Dine In & To Go Meals • January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		January 1 Happy New Year! No Meal Served.	January 2 Roast Beef with Gravy Peas & Carrots Brown Rice Orange Dinner Roll <i>Place your reservation by 12pm on 12/31</i>	January 3 Vegetarian Chili Baked Potato Cucumbers & Sour Cream Banana Challah
January 6 Salmon Dinner Salad with Ranch Dressing Broccoli Slaw Grapes Dinner Roll	January 7 Meatloaf with Gravy Horseradish Whipped Potatoes Peas & Carrots Tangerine Bread	January 8 Tuna Patty with Tartar Sauce Cabbage & Noodles Beet Slices Apple Bread	January 9 Orange Glazed Chicken Carrots Brown Rice Orange Dinner Roll	January 10 Turkey Teriyaki Meatballs Spinach Cinnamon Applesauce Yellow Cake with Strawberries Challah
January 13 Baked White Fish with Paprika and Tartar Sauce Au Gratin Potatoes Butternut Squash Pineapple Dinner Roll	January 14 Pot Roast with Gravy Baked Yams Green Beans with Red Peppers Tropical Mix Fruit Bread	January 15 Stuffed Shells with Marinara Sauce Tossed Salad with French Dressing Apple Dinner Roll	January 16 Chicken Cacciatore Carrots Egg Noodles Banana Dinner Roll	January 17 Teriyaki Salmon Rice Pilaf Broccoli Tangerine Banana Cake Challah



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<p>January 20</p> <p>MLK Day- No Meal Served</p> <p>Be sure to place your reservation for 1/21 by 12pm on Friday, 1/17</p>	<p>January 21</p> <p>Chicken Breast with Lemon Pepper Sauce Gourmet Potatoes Broccoli Florets Apple Bread</p>	<p>January 22</p> <p>Baked Tilapia with Dill Sauce Stewed Tomatoes & Squash Brown Rice Tangerine Brownie</p>	<p>January 23</p> <p>BBQ Beef Sandwich Vinegar Potato Salad Carrots Mandarin Oranges & Pineapple</p>	<p>January 24</p> <p>Vegetable Lasagna Mixed Green Salad with Italian Dressing Banana Challah</p>
<p>January 27</p> <p>Vegetarian Patty with Apple Spice Glaze Whipped Potatoes Carrots Peaches Bread</p>	<p>January 28</p> <p>White Turkey Chili with White Rice Beet Slices Orange Dinner Roll</p>	<p>January 29</p> <p>Salmon with Tomato Basil Sauce Scalloped Potatoes Italian Green Beans Tropical Fruit Mix Bread</p>	<p>January 30</p> <p>Chicken Breast with Mushroom Gravy Roasted Potatoes Mized Vegetables Banana Bread</p>	<p>January 31</p> <p>Eggplant Parmesan Tossed Salad with Italian Dressing Cantaloupe & Honeydew Cubes Challah</p>

Lunch is offered at a suggested donation of \$3 for registered South Hills AgeWell at the JCC members. Members can eat in the Jcafe or pick up a meal to go. Friends & family may not pick up meals for registered AgeWell at the JCC members.

Reservations must be placed by 12PM on the business day before the meal through the JCC Pittsburgh app or by calling 412-446-4776.

Menu is subject to change.