



RSVP by 12PM one business day before your visit by using the "JCC Pittsburgh app" or by calling the lunch line at 412-446-4776.

AgeWell
at the JCC South Hills

KOSHER
by ALADDIN

12:30 PM - 1:30 PM

Dine In & To Go Meals • December 2024

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| December 2 Baked White Fish with Paprika Au Gratin Potatoes Butternut Squash Pineapple Dinner Roll | December 3 Pot Roast with Gravy Baked Yams Green Beans with Red Peppers Tropical Mix Fruit Bread | December 4 Stuffed Shells with Marinara Sauce Tossed Salad with French Dressing Apple Dinner Roll | December 5 Chicken Cacciatore Carrots Egg Noodles Banana Dinner Roll | December 6 Teriyaki Salmon Rice Pilaf Broccoli Tangerine Banana Cake Wheat Challah |
| December 9 Tuna Melt Mixed Green Salad with Ranch Dressing Orange Bread | December 10 Chicken Breast with Lemon Pepper Sauce Gourmet Potatoes Broccoli Florets Apple Bread | December 11 Baked Tilapia with Dill Sauce Stewed Tomatoes & Squash Confetti Brown Rice Tangerine Brownie | December 12 BBQ Beef Sandwich Vinegar Potato Salad Carrots Mandarin Oranges & Pineapple | December 13 Vegetable Lasagna Mixed Green Salad with Italian Dressing Banana Challah |
| December 16 Vegetarian Patty with Apple Spice Glaze Whipped Potatoes Carrots Peaches Bread | December 17 White Turke Chili with Rice Cold Beet Slices Orange Dinner Roll | December 18 Salmon with Tomato Basil Sauce Scalloped Potatoes Italian Green Beans Tropical Fruit Mix Bread | December 19 Chicken Breast with Mushroom Gravy Roasted Potatoes Mixed Vegetables Banana Bread | December 20 Eggplant Parmesan Tossed Salad with Italian Dressing Cantaloupe & Honeydew Challah |



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| <p>December 23 Salmon with Dill Sauce Confetti Brown Rice Spiced Red Cabbage Apricots Bread</p> | <p>December 24 Stuffed Cabbage Roasted Potatoes Mixed Vegetables Apple Bread</p> | <p>December 25 Tuna Salad Sandwich Tabouli Salad Carrots Tangerine Oatmeal Raisin Cookies</p> | <p>December 26 Turkey with Gravy Garlic Whipped Potatoes Green Beans with Red Peppers Stuffing Cranberry Sauce</p> | <p>December 27 Baked Tilapia Chive Scalloped Potatoes Broccoli, Cauliflower, & Carrots Banana Challah</p> |
| <p>December 30 Salmon Patty Potato Salad Broccoli Grapes Bread</p> | <p>December 31 Sliced Chicken Breast Sandwich with Lettuce & Tomato Italian Pasta Salad with Zucchini & Broccoli Tangerine</p> | <p>January 1 Happy New Year! No Meal Served.</p> | <p>January 2 Roast Beef with Gravy Peas & Carrots Brown Rice Orange Dinner Roll</p> <p>Place your reservation by 12pm on 12/31</p> | <p>January 3 Vegetarian Chili Baked Potato Cucumbers & Sour Cream Banana Challah</p> |

Lunch is offered at a suggested donation of \$3 for registered South Hills AgeWell at the JCC members. Members can eat in the Jcafe or pick up a meal to go. Friends & family may not pick up meals for registered AgeWell at the JCC members.

Reservations must be placed by 12PM on the business day before the meal through the JCC Pittsburgh app or by calling 412-446-4776.

Menu is subject to change.