



**RSVP by 12PM one business day before your visit by using the "JCC Pittsburgh app" or by calling the lunch line at 412-446-4776.**

**AgeWell**  
at the JCC South Hills

**KOSHER**  
by ALADDIN

**12:30 PM - 1:30 PM**

**Dine In & To Go Meals • November 2024**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>November 4</b>  Cider Beef Stew with Potatoes, Carrots, & Peas Sweet & Sour Coleslaw Bread Pears	<b>November 5</b>  Stuffed Shells with Marinara Tossed Salad with French Dressing Bread Tropical Fruit Mix	<b>November 6</b>  Veggie Patty with Honey Mustard Sauce Garlic Whipped Potatoes Cold Beet Slices Bread Mandarin Oranges with Pineapple	<b>November 7</b>  Stuffed Bell Peppers Rice Green Beans Bread Apple	<b>November 8</b>  Salmon with Tomato Basil Sauce Chive Scalloped Potatoes Peas & Carrots Challah Orange
<b>November 11</b>  Chicken & Dumplings Paprika Potatoes Cabbage & Tomatoes Peaches	<b>November 12</b>  Vegetable Wheat Lasagna Side Salad with Italian Dressing Bread Apple	<b>November 13</b>  Cod Provencal with Tomato & Fennel Mixed Vegetables Cabbage & Noodles Bread Banana	<b>November 14</b>  Sri Lankan Beef Curry with Rice Pilaf Cold Beet Slices Bread Orange	<b>November 15</b>  Tuna Noodle Casserole with Peas Tomato Soup Challah Apple



**RSVP by 12PM one business day before your visit by using the "JCC Pittsburgh app" or by calling the lunch line at 412-446-4776.**

**AgeWell**  
at the JCC South Hills

**KOSHER**  
by ALADDIN

**12:30 PM - 1:30 PM**

<p><b>November 18</b> Baked Tilapia with Lemon Pepper Seasoning &amp; Tartar Sauce Savory Potatoes Spiced Red Cabbage Bread Fruit Cocktail</p>	<p><b>November 19</b> Stuffed Cabbage Roll Noodles Squash, Beans, &amp; Onions Bread Orange</p>	<p><b>November 20</b> Tuna Noodle Casserole with Peas Cold Beet Slices Bread Orange</p>	<p><b>November 21</b> Chicken Dinner Salad with Italian Dressing Bread Mandarin Oranges with Pineapple Oatmeal Raisin Cookie</p>	<p><b>November 22</b> Salmon Patty Sweet Potato Fries Peas &amp; Carrots Challah Apple</p>
<p><b>November 25</b> Vegetarian Lentil Stuffed Squash Cheese Ravioli with Tomato Sauce Pineapple</p>	<p><b>November 26</b> Turkey with Gravy Garlic Whipped Potatoes Carrots, Green Beans, Squash, &amp; Zucchini Stuffing Cranberry-Orange Sauce Pumpkin Pie</p>	<p><b>November 27</b> Salmon with Chimichurri Sauce Lemon Potatoes Mixed Vegetables Bread Orange</p>	<p><b>November 28</b> <b>AgeWell at the JCC is Closed for Thanksgiving</b>  <b>Be sure to reserve your meal for Friday, 11/29 by 2pm on Wednesday, 11/27</b></p>	<p><b>November 29</b> Salami Sandwich with Lettuce, Tomato, Onion, &amp; Mayo Potato Salad Challah Orange</p>

**Lunch is offered at a suggested donation of \$3 for registered South Hills AgeWell at the JCC members.**

**Reservations must be made by 12PM on the business day before the meal through the  
JCC Pittsburgh app or by calling 412-446-4776.**

**Menu is subject to change.**