



RSVP by 12 PM the Day Before Your Visit on the "JCC Pittsburgh" app or by Calling 412-446-4776 to Purchase Your Punch Pass

South Hills

AgeWell  
at the JCC

KOSHER  
by ALADDIN

12:30 PM - 1:30 PM

## Dine In & To Go Meals

TUESDAY	WEDNESDAY	THURSDAY
<p><b>March 5</b> Curry Chicken Mixed Vegetables Whipped Potatoes Orange</p>	<p><b>March 6</b> Honey Garlic Salmon Green Beans Brown Rice Fruit Cocktail</p>	<p><b>March 7</b> Pittsburgh Steak Salad Garlic Knot Banana</p>
<p><b>March 12</b> Cider Beef Stew with Potatoes, Carrots, &amp; Peas Roll Orange</p>	<p><b>March 13</b> Eggplant Parmesan Pasta with Marinara Garlic Knot Melon Dessert</p>	<p><b>March 14</b> Stuffed Peppers Broccoli Brown Rice Banana</p>
<p><b>March 19</b> Cod Fish Tacos with Black Bean Pico de Gallo Spanish Rice with Vegetables Fruit Cocktail</p>	<p><b>March 20</b> Cheese Ravioli Roasted Vegetables Garlic Knot Melon</p>	<p><b>March 21</b> Beef Brisket Broccoli Couscous Banana</p>
<p><b>March 26</b> Chicken Shawama with sauce Steamed Vegetables Steamed Rice Apple</p>	<p><b>March 27</b> Tuscan Salmon with Tomatoes, Spinach, &amp; Wine Sauce Peas &amp; Carrots Barley Melon</p>	<p><b>March 28</b> Teriyaki Chicken Oriental Vegetables Rice Banana</p>

Turn this page over for more details. Menu is subject to change.



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Lunch costs \$3 for registered South Hills AgeWell Members. The fee is paid through a **cashless**, electronic system called Punch Pass.

Meals can be purchased by visiting the AgeWell Office, calling 412-446-4776, or stopping by the South Hills JCC Front Desk.

Once you have purchased meals, you can sign up for lunch as early as Friday for any day in the following week, up until 12PM the day before the meal by using the JCC Pittsburgh App or calling 412-446-4776.

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