



RSVP by 12 PM the Day Before Your Visit on the "JCC Pittsburgh" app or by Calling 412-446-4776 to Purchase Your Punch Pass

South Hills

AgeWell  
at the JCC

KOSHER  
by ALADDIN

12:30 PM - 1:30 PM

## Dine In & To Go Meals

TUESDAY	WEDNESDAY	THURSDAY
<p><b>February 6</b> Cider Beef Stew with Potatoes, Carrots, &amp; Peas Brown Rice Fruit of the Day</p>	<p><b>February 7</b> Cod with Fresh Fruit Salsa Butternut Squash Stewed Tomatoes Fruit of the Day</p>	<p><b>February 8</b> Apple Roasted Chicken Breast Chive Potatoes Broccoli Fruit of the Day</p>
<p><b>February 13</b> Tuscan Chicken Green Beans Rice Fruit of the Day</p>	<p><b>February 14</b> Eggplant Parmesan Peas &amp; Carrots Garlic Knot Fruit of the Day Dessert</p>	<p><b>February 15</b> Mexican Chicken with Black Beans &amp; Guacamole Beets Roasted Potatoes Fruit of the Day</p>
<p><b>February 20</b> Stuffed Cabbage Squash, Beans, &amp; Onions Egg Noodles Fruit of the Day</p>	<p><b>February 21</b> Pollock Veracruz with Tomato Cilantro Sauce Brown Rice Peas Fruit of the Day</p>	<p><b>February 22</b> Turkey with Gravy Whipped Potatoes Stuffing Cranberry Sauce Fruit of the Day</p>
<p><b>February 27</b> Italian Baked Chicken Pasta Mixed Green Salad Fruit of the Day</p>	<p><b>February 28</b> Asian Salmon with Orange Sesame Sauce Rice Peas Fruit of the Day</p>	<p><b>February 29</b> Roast Beef with Gravy Mashed Potatoes Broccoli Fruit of the Day</p>

Turn this page over for more details. Menu is subject to change.



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Lunch costs \$3 for registered South Hills AgeWell Members. The fee is paid through a **cashless**, electronic system called Punch Pass.

Meals can be purchased by visiting the AgeWell Office, calling 412-446-4776, or stopping by the South Hills JCC Front Desk.

Once you have purchased meals, you can sign up for lunch as early as Friday for any day in the following week, up until 12PM the day before the meal by using the JCC Pittsburgh App or calling 412-446-4776.

**Menu is subject to change.**