



11 AM-1 PM

AgeWell
at the JCC

KOSHER
w. ALADDIN

RSVP by 4 PM the Business Day Before Your Visit

412-567-1715

Calling after 4 PM Does Not Guarantee a Meal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>June 19 BeWell</p> <p>Stuffed Cabbage w/ Ground Beef Garlic Whipped Potatoes Mixed Vegetables Wheat Bread Mandarin Oranges & Pineapple</p> <p>Season's Harvest</p> <p>Stuffed Pepper Garlic Whipped Potatoes Mixed Vegetables Wheat Bread Mandarin Oranges & Pineapple</p>	<p>June 20 BeWell</p> <p>Salmon w/ Tomato Basil Sauce Chive Scalloped Potatoes Green Beans Italian Bread Mixed Tropical Fruit</p> <p>Local Deli</p> <p>Chicken Marsala Chive Scalloped Potatoes Green Beans Italian Bread Mixed Tropical Fruit</p>	<p>June 21 BeWell</p> <p>Light & Dark Turkey w/ Gravy Pineapple Noodle Kugel Winter Squash Cubes Multi Grain Bread Orange</p> <p>Season's Harvest</p> <p>Neisha's Meatloaf Pineapple Noodle Kugel Winter Squash Cubes Multi Grain Bread Orange</p> <p>Menu is subject to change.</p>	<p>June 22 BeWell</p> <p>Beef Brisket Harvard Beets Tossed Salad w/ Romaine, Green Pepper & Tomatoes Confetti Couscous Banana Light French Dressing</p> <p>Local Deli</p> <p>Cool Ranch Chicken Harvard Beets Tossed Salad w/ Romaine, Green Pepper & Tomatoes Confetti Couscous Banana Ranch Dressing</p>	<p>June 23 BeWell</p> <p>Baked Tilapia Spiced Red Cabbage Wheat Challah Barley Apple Sugar Cookie Cocktail Sauce</p> <p>Season's Harvest</p> <p>Chicken Piccata Spiced Red Cabbage Wheat Challah Barley Apple Sugar Cookie</p>

