



11 AM-1 PM

AgeWell
at the JCC

KOSHER
w. ALADDIN

RSVP by 4 PM the Business
Day Before Your Visit

412-567-1715

Calling after 4 PM Does Not Guarantee a Meal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>June 12 BeWell</p> <p>Vegetarian Patty w/ Apple Spice Glaze Whipped Potatoes Carrots Wheat Bread Peaches</p> <p>Season's Harvest</p> <p>Hot Italian Hoagie Whipped Potatoes Carrots Hoagie Roll Peaches Italian Dressing</p>	<p>June 13 BeWell</p> <p>White Turkey Chili w/ Beans & Corn Cold Beets White Rice Dinner Roll Tangerine</p> <p>Local Deli</p> <p>JCC Chili in a Bread Boule Cold Beets White Rice Tangerine</p> <p>Menu is subject to change.</p>	<p>June 14 BeWell</p> <p>Swiss Steak w/ Gravy Scalloped Potatoes Italian Green Beans Wheat Bread Tropical Fruit Mix</p> <p>Season's Harvest</p> <p>Chicken Salad Wrap Scalloped Potatoes Italian Green Beans Wheat Bread Tropical Fruit Mix</p>	<p>June 15 BeWell</p> <p>Bow Ties w/ Ground Beef Meat Sauce Romaine Salad w/ Red Pepper & Radishes Italian Bread Fruit Cocktail Light Italian Dressing</p> <p>Local Deli</p> <p>Tuna Salad Sub Lettuce & Tomato Romaine Salad w/ Red Pepper & Radishes Bun Fruit Cocktail Light Italian Dressing</p>	<p>June 16 BeWell</p> <p>Chicken Breast w/ Mushroom Gravy Roasted Potatoes Broccoli Wheat Challah Banana</p> <p>Season's Harvest</p> <p>Show Cookery (Pasta w/ Marinara or Bolognese Meat Sauce) Roasted Potatoes Broccoli Wheat Challah Banana</p>

