

SOUTH HILLS JCC GYM SCHEDULE SPRING 2023

TIME	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	SIDE A	SIDE B	SIDE A	SIDE B	SIDE A	SIDE B	SIDE A	SIDE B	SIDE A	SIDE B	SIDE A	SIDE B	SIDE A	SIDE B
6:00 AM	*YELLOW SHADING IS OPEN GYM TIME													
7:00 AM														
8:00 AM	Men's Pickup Basketball													
9:00 AM														
10:00 AM			ECDC	TRX										
11:00 AM				Pickleball										
12:00 PM			ECDC			Sports								
1:00 PM				Pickleball		Pickleball								
2:00 PM	Volleyball		ECDC											
3:00 PM				Sports		Sports								
4:00 PM														
5:00 PM														
6:00 PM					Volleyball			Pickleball Clinic		Volleyball				
7:00 PM														
8:00 PM														



PLEASE NOTE THAT A PORTION OF GYM SIDE B IS AVAILABLE FOR MEMBER TRAINING/WORKOUTS DURING OPEN GYM TIMES

THE GYM WILL NOT BE AVAILABLE FOR MEMBER USE ON: 4/10 and 4/24 (7-8 pm) AND 4/30 (8AM -1PM)