Jcafe

11 AM-1 PM

AgeWell at the JCC

KOSHER by ALADDIN

RSVP by 4 PM the Business Day Before Your Visit

412-567-1715

Calling after 4 PM Does Not Guarantee a Meal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 29 **JCC CLOSED FOR MEMORIAL DAY** **PLEASE RESERVE YOUR TUESDAY MAY 30 LUNCH ON THURSDAY MAY 25 BY 4 PM!!**	May 30 **BeWell** Chicken Mixed Greens w/ Tomato & Peas Wheat Dinner Roll Mandarin Oranges & Pineapple Oatmeal Raisin Cookie Light Raspberry Dressing **Local Deli** Jamaican Jerk Salmon Mixed Greens w/ Tomato & Peas Wheat Dinner Roll Mandarin Oranges & Pineapple Oatmeal Raisin Cookie Light Raspberry Dressing Tartar Sauce	May 31 **BeWell** Roast Beef w/ Gravy Lemon Potatoes Mixed Veggies (Corn, Peas, Green Beans & Carrots) Italian Bread Orange **Season's Harvest** Blackened Tilapia Lemon Potatoes Mixed Veggies (Corn, Peas, Green Beans & Carrots) Italian Bread Orange Tartar Sauce	June 1 **BeWell** Turkey Divan w/ White Sauce Broccoli Brown Rice Apple **Local Deli** Avocado Creme Tilapia Broccoli Brown Rice Apple Tartar Sauce Menu is subject to change.	June 2 **BeWell** Beef Meatloaf w/ Tomato Gravy Whipped Potatoes Italian Green Beans Wheat Challah Tangerine **Season's Harvest** Lime Chili Chicken Leg Whipped Potatoes Italian Green Beans Wheat Challah Tangerine