



RSVP by 12 PM the Day Before Your Visit on the MindBody App or by Calling 412-446-4776 to Purchase Your Punch Pass

South Hills

AgeWell  
at the JCC

KOSHER  
by ALADDIN

12:30 PM - 1:30 PM

## Dine In & To Go Meals

TUESDAY	WEDNESDAY	THURSDAY
<p><b>March 7</b> Stuffed Chicken Breast Baked Potato Glazed Carrots Fruit of the Day</p>	<p><b>March 8</b> Vegetable Lasagna Garlic Bread Knot Tossed Salad Italian Dressing Fruit of the Day</p>	<p><b>March 9</b> Citrus Herb Salmon Green Beans White Rice Fruit of the Day</p>
<p><b>March 14</b> Baked Chicken Leg &amp; Thigh Rice Pilaf Broccoli Fruit of the Day</p>	<p><b>March 15</b> Tilapia w/ Lemon Sauce Rice Pilaf Green Beans Fruit of the Day</p>	<p><b>March 16</b> Roast Beef w/ Gravy Gourmet Potatoes Mixed Vegetables Fruit of the Day</p>
<p><b>March 21</b> Herb Crusted Tilapia Mushroom Rice Pilaf Green Beans Fruit of the Day</p>	<p><b>March 22</b> Eggplant Parmesan Tossed Salad Garlic Bread Knot Broccoli Fruit of the Day</p>	<p><b>March 23</b> Rotisserie Chicken Quarter Dairy Free Parsley Ranch Potatoes Corn Fruit of the Day</p>
<p><b>March 28</b> Lemon Chicken Roasted Red Potatoes Mixed Vegetables Fruit of the Day</p>	<p><b>March 29</b> Honey Garlic Salmon Wild Rice Roasted Vegetable Medley Fruit of the Day</p>	<p><b>March 30</b> Homestyle Meatloaf Whipped Potatoes Peas &amp; Corn Fruit of the Day</p>

Turn page over for more details. Menu is subject to change.



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Lunch costs \$3 for Registered South Hills AgeWell Members. The fee is paid through a **cashless**, electronic system called Punch Pass.

Punch Passes can be purchased by visiting our new AgeWell Office, calling 412-446-4776, or stopping by the South Hills JCC Front Desk.

Once you have your Punch Pass, you can sign up for lunch up to three days before your visit until 12 PM the day before your lunch pick up using the MindBody App or calling 412-446-4776.

**Menu is subject to change.**