

SOUTH HILLS JCC GYM SCHEDULE WINTER 2023

TIME	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		
	SIDE A	SIDE B	SIDE A	SIDE B	SIDE A	SIDE B	SIDE A	SIDE B	SIDE A	SIDE B	SIDE A	SIDE B	SIDE A	SIDE B	
6:00 AM	*YELLOW SHADING IS OPEN GYM TIME														
7:00 AM															
8:00 AM	Men's Pickup Basketball														
9:00 AM															
10:00 AM			ECDC	TRX											
11:00 AM															
12:00 PM		Little Champs	ECDC		ECDC	Sports	ECDC								
1:00 PM															
2:00 PM	Volleyball		ECDC		ECDC	Pickleball	ECDC								
3:00 PM															
4:00 PM	Volleyball		ECDC		ECDC	Pickleball	ECDC								
5:00 PM															
6:00 PM			ECDC		ECDC	ECDC	ECDC								
7:00 PM															
8:00 PM			ECDC		ECDC	ECDC	ECDC								



PLEASE NOTE THAT A PORTION OF GYM SIDE B IS AVAILABLE FOR MEMBER TRAINING/WORKOUTS DURING OPEN GYM TIMES

THE GYM WILL NOT BE AVAILABLE FOR MEMBER USE ON:

1/30, 2/27, 3/27, 4/24 (7-8 pm)

AND

4/30 (8AM -1PM)