

SOUTH HILLS JCC GYM SCHEDULE FALL 2022

TIME	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	SIDE A	SIDE B	SIDE A	SIDE B	SIDE A	SIDE B	SIDE A	SIDE B	SIDE A	SIDE B	SIDE A	SIDE B	SIDE A	SIDE B
6:00 AM														
7:00 AM														
8:00 AM														
9:00 AM	BBall Lessons		ECDC		ECDC		ECDC		ECDC	ECDC	ECDC	ECDC		
10:00 AM				TRX		Pickleball		Pickleball Clinics						
11:00 AM						Sports				Sports				
12:00 PM						Pickleball								
1:00 PM	Volleyball		ECDC		ECDC		ECDC		ECDC	ECDC	ECDC	ECDC	Volleyball	
2:00 PM				OTM				OTM						
3:00 PM														
4:00 PM														
5:00 PM														
6:00 PM					Volleyball		BBall Lessons		Volleyball					
7:00 PM														
8:00 PM														



PLEASE NOTE THAT A PORTION OF GYM SIDE B IS IN USE ALL DAY FOR PERSONAL TRAINING.
MEMBERS MAY USE GYM SIDE B FOR SPORTS WHILE TRAINING IS TAKING PLACE.

Pickleball Clinics are scheduled as needed