

JCC Squirrel Hill Summer Swim Schedule 2022

Small Pool 6/6-9/6

SUNDAY

8-9 am
Open Swim
Pre- registration not required.

9 am-1 pm
Group Lessons
Pool Closed

1-3 pm
Open Swim

3-4 pm
Female Swim

4-5 pm
Male Swim

MONDAY

6-9 am
Adult Only

9-11 am
Open Swim

11-11:45 am
Silver Splash

12-12:45 pm
Arthritis

1-8 pm
Open Swim

TUESDAY

6-9 am
Adult Only

9-9:45 am
Aqua Walkout
Small Pool

10-11 am
ECDC Swim

11-11:45 am
Silver Splash

12-8 pm
Open Swim

WEDNESDAY

6-9 am
Adult Only

9-11 am
Open Swim

11-11:45 am
Silver Splash

12-12:45 pm
Arthritis

1-8 pm
Open Swim

THURSDAY

6-9 am
Adult Only

9-9:45 am
Aqua Walkout

10-11 am
ECDC Swim

11-11:45 am
Silver Splash

12-8 pm
Open Swim

FRIDAY

6-9 am
Adult Only

9-11 am
Open Swim

11-11:45 am
Silver Splash

12-12:45 pm
Arthritis

1-5 pm
Open Swim

SATURDAY

8 am-5 pm
Open Swim

Please Contact
Anna Barbins at
abarbins@jccpgh.org
with schedule questions.

Lap Pool 6/6-9/6

SUNDAY

8 am-5 pm
Open Lap Swim
Pre- registration not required.
Circle swim 3/lane max.

MONDAY

6-10 am
Lap Swim
Register on MindBody

9-9:45 am
Aqua Aerobics

10 am-8 pm
Open Lap Swim
Pre- registration not required.

TUESDAY

6-10 am
Lap Swim
Register on MindBody

10 am-8 pm
Open Lap Swim
Pre- registration not required.

WEDNESDAY

6-10 am
Lap Swim
Register on MindBody

9-9:45 am
Aqua Aerobics
Lap pool
Begins June 30

10 am-8 pm
Open Lap Swim
Pre- registration not required.

THURSDAY

6-10 am
Lap Swim
Register on MindBody

10 am-8 pm
Open Lap Swim
Pre- registration not required.

FRIDAY

6-10 am
Lap Swim
Register on MindBody

9-9:45 am
Aqua Aerobics
Lap pool

10 am-8 pm
Open Lap Swim
Pre- registration not required.

SATURDAY

8 am-5 pm
Open Lap Swim
Pre- registration not required.

Private lessons may
share the pool at
any time.