TO REGISTER FOR CLASSES & PROGRAMS: jccpgh.force.com

Questions:
registration@jccpgh.org
412-339-5432

OPERATING HOURS
Monday through Thursday • 6 am-8 pm
Friday • 6 am-6 pm
Saturday and Sunday • 8 am-5 pm

CLICK HERE FOR MORE INFORMATION ON THE JCC’S VACCINE MANDATE

Masks Required Indoors
Covid-19 Vaccine Ages 12+ Required
Required by 2/7: Vaccine Ages 5-11

Facility operations and programming are subject to change in accordance with national, state and local health and safety guidelines.
MEMBERSHIP

GET INTO IT!

Great facilities
• Two temperature-controlled pools: 25 yard lap pool and training pool
• State-of-the-art cardio equipment
• Weight training rooms equipped for Crossfit, Selectorized Circuit by Cybex & free weights
• 2 full court gymnasiums
• Indoor walking and running track
• Outdoor Olympic-size pool at the JCC’s Family Park in Monroeville

Activities for all ages
• In-person and virtual group exercise classes
• Early Childhood Development Center:
  - Child-interest driven early learning
  - Infants through Pre-K
• Personal training
• Lap Swimming and Swim Lessons
• Basketball pickup games, leagues and clinics
• Thoughtfully curated after-school care
• Full day programming when school is closed
• Teen program and hang out space
• Summer Day and Overnight Camps

MEMBER APPRECIATION WEEK
Giveaways & Special Events all week!
January 23-29

For more information, call 412-697-3522
## JCC Sailfish Swim School

Contact Carla Likar, clikar@jccpgh.org, 412-339-5429

Register for swim lessons

### Class Days and Times

#### Guppy and Me: ages 6-24 months
- Sundays: 9-9:30 am
- Thursdays: 6-6:30 pm

#### Tadpoles: age 2
- Sundays: 9-9:30 am
- Thursdays: 6-6:30 pm

#### Minnows: ages 3-5
- Sundays: 9:30-10 am
- Tuesdays: 5-5:30 pm

#### Jellyfish: ages 3-5
- Sundays: 10-10:30 am
- Tuesdays: 5:30-6 pm

#### Catfish: ages 3-5
- Sundays: 10:30-11 am
- Tuesdays: 6-6:30 pm

#### Starfish: ages 5-12
- Sundays: 11-11:30 am
- Thursdays: 4-4:30 pm

#### Goldfish: ages 5-12
- Sundays: 11:30 am-Noon
- Thursdays: 4:30-5 pm

#### Dolphins: ages 5-12
- Sundays: Noon-12:30 pm
- Thursdays: 5-5:30 pm

#### Sharks: ages 5-12
- Sundays: 12:30-1 pm
- Thursdays: 5:30-6 pm

#### Aquadults: ages 13+
- Beginner Tuesdays: 6:30-7 pm
- Intermediate Tuesdays: 7-7:30 pm
Contact Carla Likar, clikar@jccpgh.org, 412-339-5429

CLASS DATES

Sunday classes
January 9-February 27 ...................................................... $120
March 6-April 24 ................................................................. $105
May 1-June 19 ................................................................. $105

Tuesday classes
January 11-March 1 ........................................................... $120
March 8-April 26 ................................................................. $105
May 3-June 21 ................................................................. $120

Thursday classes
January 6-February 24 ...................................................... $120
March 3-April 14 ................................................................. $105
May 5-June 23 ................................................................. $120

● Private Swim Lessons
30 minutes: $40
Six 30-minute sessions: $210
10 30-minute sessions: $320

Register for swim lessons
# ECDC CLASSES
Open only to children currently registered in ECDC.

## Rooms G&F
<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
<th>Rates</th>
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<tbody>
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JCC SAILFISH SWIM TEAMS

Contact Carla Likar, clikar@jccpgh.org, 412-339-5429

• **Squirrel Hill Sailfish: ages 5-12**
  **Introduction to Competitive Swimming**

  *Lex Glickman, aglickman@jccpgh.org*

  Children practice all four competitive swim strokes. Emphasis is on competitive techniques such as streamline turns, finishes and endurance training. Children must try out to participate.

  Mondays and Wednesdays • $240
  January 10-April 27
  4-4:45 pm

• **Chipmunk Swim Team: ages 6-7**

  Children will practice swimming skills in the small pool. Emphasis will be working on technique and building endurance.

  Tuesdays • 4:15-5 pm
  January 11-April 26
  $120

Register for swim lessons

JCC COMPETITIVE SWIM TEAMS

• **Pittsburgh Group Sailfish: ages 7+**

• **Allegheny Group Sailfish: ages 7+**

• **Pennsylvania Group Sailfish: ages 10-18**

• **U.S. Group Sailfish: ages 13-18**

• **U.S. National Group**

• **Masters**

Pool schedule

For more information about requirements, practice times, days and locations for the following teams, contact Coach Al Rose, 412-906-2583 or al@jcssailfish.org

▲ Back to Contents
Contact Brandi D'Amico, bdamico@jccpgh.org
412-697-3532

• **Youth Soccer with Pittsburgh Soccer Academy: K-grade 2**

  Come learn soccer skills through games and drills with Pittsburgh Soccer Academy!
  Mondays, 5-6 pm in the Kaufmann Gym
  January 10-February 28
  March 21-May 16
  $120

  [Register here for Youth Soccer](#)

• **Private Basketball Personal Training: ages 10+**

  1 player: $60/hour; $30/half hour
  2 players: $40/player/hour
  3 players: $35/player/hour
  4 players: $30/player/hour

  *With Pro Player and Coach Dante Calabria:*

  1 player/hour: $85/member; $90/non-member
  2 players/hour: $75/player/member; $80/non-member
  3 players/hour: $65/player/member; $70/non-member
  4 players/hour: $55/player/member; $60/non-member
  5 players/hour: $45/player/member; $50/non-member

  [Register here for Youth Basketball](#)
DANCE

Contact Kathy Wayne, kwayne@jccpgh.org
412-339-5414

Register for Dance Classes
Class Descriptions and Dress Code

ECDC DANCE CLASSES
Open only to children currently registered in ECDC.

- **Creative Movement: ages 3-4**
  (Currently in 3-year-old pre-school class)
  Wednesdays, 3:30-4pm ...........................................KDS
  January 12-May 18............................................. $270

- **Pre-Ballet/Tap: ages 4-5**
  (Currently in 4-year-old pre-K class)
  Wednesdays, 1:30-2 pm ...........................................KDS
  January 12-May 18............................................. $306

- **Dance Recital**
The children of the ECDC dance program will perform for their immediate families.
  Tuesday, May 24 • 4-5 pm

SCHOOL AGE DANCE CLASSES

- **Ballet/Tap 1: Kindergarten**
  Mondays, 4:30-5:15 pm ...........................................RDS
  January 10-May 16............................................. $306

- **Ballet/Tap 2: ages 6-7**
  Mondays, 5:30-6:30 pm ...........................................RDS
  January 10-May 16............................................. $360

- **Ballet/Tap/Jazz 3: ages 8-10**
  Wednesdays, 4:30-5:45 pm ......................................RDS
  January 12-May 18............................................. $396

- **Ballet/Tap/Jazz Intermediate: ages 11-14**
  Tuesdays & Thursdays 4:30-6:30 pm .........................RDS
  January 11-May 19............................................. $720

- **Ballet/Tap/Jazz Advanced: ages 14-18**
  Mondays, 6:30-9 pm • Wednesdays, 6-8:30 pm ...........RDS
  January 10-May 18............................................. $864
Contact Kathy Wayne, kwayne@jccpgh.org  
412-339-5414

- Hip Hop: ages 8-11  
  Fridays, 4:30-5:30 pm  
  January 14-May 6  
  $360

- K&M Dance Company  
  Participants must be approved by Kathy Wayne.  
  Sundays, 1-2 pm  
  January 9-April 10  
  Dance company solo fee  
  $325  
  Dance company duet fee  
  $300

- K&M Dance Company Group Choreography  
  Participants must be approved by Kathy Wayne.  
  Sundays, 2-3 pm  
  February 6-April 10  
  KDS, $200

- Dance Recital  
  The JCC School of Dance (school age classes) will present a recital for their immediate families.  
  Wednesday, May 25  
  6-8 pm  
  $8/ children under 3 free

Register for Dance Classes

HIGH SCHOOL MUSICAL

Don’t miss the JCC’s High School Musical, directed by Jill Machen.

Contact Chris Herman at 412-339-5395 or cherman@jccpgh.org.

Show Dates  
Thursday, February 17  
Saturday, February 19  
Sunday, February 20  
Wednesday, February 23  
Thursday, February 24  
Saturday, February 26  
Sunday, February 27
FITNESS

- **Group Ex Classes**
  - Group Active
  - Group Blast
  - Group Centergy
  - Group Core
  - Group Fight
  - Group Power
  - Yoga
  - Spinning
  - Zumba

**Register for Group Ex on MINDBODY**

- **In-Person Group Ex schedule**
  - **Group Ex Launches**
    - Group Power, January 11 - 6:15 am, 8 am, 9 am, 5 pm
    - Group Core, January 11 - 7:30 am
    - Group Fight, January 16 - 8:45 am
    - Group Centergy, January 19 - 9 am
    - Group Blast, January 29 - 8:45 am
    - Group Active, February 4 - 10 am

- **HIIT: High Intensity Interval Training**
  
  *Contact Bill Herman, wherman@jccpgh.org or 412-697-3238*
  
  Mondays, 8 am & Wednesdays, 8 am
  January 3-February 2 & February 7-March 9
  
  Tuesdays, 8:30 am & Thursdays, 9 am
  January 4-February 3 & February 8-March 10
  
  MW or T TH: $75/General Member; $50/Platinum
  All 4 Classes: $140/General Member; $90/Platinum

- **Boot Camp**
  
  *Contact Bill Herman, wherman@jccpgh.org or 412-697-3238*
  
  Workouts will include functional fitness using whole body multi-joint exercises for a huge calorie burn.
  
  Mondays and Wednesdays • 6:30-7:30 am
  January 3-February 2
  February 7-March 9
  $100/General Member; $70/Platinum Member
● **Teen Fitness Certification**  
*Contact Laurie Wood, lwood@jccpgh.org or 412-697-3509*  
This one hour orientation must be completed by teens ages 13-15 prior to using the facility.  
Wednesday, January 5 • 4 pm  
Thursday, January 13 • 6 pm  
Wednesday, January 26 • 4 pm  
$45/by appointment only

● **PWR!Moves™ Parkinson’s Exercise Program**  
*Contact Marsha Mullen, mmullen@jccpgh.org or 412-339-5415*  
PWR!Moves is an evidence-based exercise program geared to people with Parkinson’s.  
Mondays and Thursdays, 11:45 am-12:45 pm  
January 10-February 17 .................................................................$60  
February 28-April 7 .................................................................$60  
Kaufmann Dance Studio

● **Beginner T’ai Chi - All Ages**  
*Contact Marsha Mullen, mmullen@jccpgh.org or 412-339-5415*  
This class will focus on the most widely practiced form in the world, the 24-posture Simplified Taiji Form. The soft, circular movements gives the beginner an easy-to-learn introduction to the essential elements of taiji while minimizing the risk of pain or injury.  
Saturdays, Kaufmann Dance Studio  
January 8-April 9 • 12:15-1 pm  
$70; registration required

● **NEW! Styku 3D Body Scanning and Composition Service**  
Coming Soon!

**Register for Fitness Programs**

**CAN’T MAKE IT TO THE JCC?**  
Virtual JCCPGH, a registration and engagement hub, provides members access to live and pre-recorded fitness sessions: [click HERE](#)
Join Today for These Benefits
- Adults-only spa-style locker rooms, concierge services and discounts
- ALL Group Exercise, Yoga and Spinning are FREE
- Discount of up to 10% off Personal Training Contracts
- DISCOUNT up to 20% on Massage
- Sauna and whirlpool
- Towel service, hair dryers and toiletries
- Free coffee and tea

To join, contact the Membership Office, 412-697-3522 or membership@jccpgh.org

 Massage
Call 412-697-3544 for an appointment.

- Swedish
- Trigger Point
- Deep Tissue
- Sports
- Restorative
- Chair

Massage Fees Platinum members
Half Hour .................................................................................. $30
Hour ....................................................................................... $60
10 half-hour sessions .......................................................... $280

General members: add $10

PERSONAL TRAINING

Live life to the fullest! Let us help you look good and feel great. Your personal trainer will customize a program designed just for you and guide you to experience a life-changing transformation through safe, enjoyable workouts. Get started today!

Contact Bill Herman at wherman@jccpgh.org or 412-697-3238
AGEWELL AT THE JCC FITNESSS

Contact Marsha Mullen, mmullen@jccpgh.org or 412-339-5415

For those not registered with SilverSneakers® or Silver&Fit®: Participants need to be age 60 or older, Allegheny County residents and registered with AgeWell at the JCC. SilverSneakers® classes (except for Splash) are open to everyone if space permits for a fee of $2 per class. No fee for Platinum members.

SilverSneakers®

SilverSneakers® is free for adults ages 65+ who use Highmark, Gateway, Humana, UPMC for Life and other plans. Participants receive a general membership to the JCC.

Pick up the most recent Senior Adult Group Exercise schedule in Room 201 or click here

Classes

• Classic/Balance
• Yoga
• Circuit
• Splash
• Boom Move (high intensity dance workout)
• Boom Muscle (tone muscles, build strength)
• Walk 15

AgeWell T’ai Chi

Research has shown that taiji can improve fitness, balance, breathing, aerobic capacity, stamina, muscle strength, stress, anxiety, and mood.

This class will focus on the most widely practiced form in the world, the 24-posture Simplified Taiji Form. The soft, circular movements of this form gives the beginner an easy-to-learn introduction to the essential elements of taiji while minimizing the risk of pain or injury.

Tuesdays • 11:30 am-12:15 pm
January 11-March 8
$25

Register
Children grow and thrive in a program enriched with language, reading, math, science, art, music and fun. We believe that discovery and play are young children’s most important “work,” preparing them for the academic and life challenges ahead.

Our Approach
ECDC’s approach to early learning is inspired by the ideas and practices developed in Reggio Emilia, Italy, for the education of young children. This program—based on the principles of respect, responsibility and community through exploration and discovery in a supportive and enriching environment—resonates with the JCC mission. ECDC’s curriculum recognizes each child’s voice and strives to provide a beautiful environment, small groups for children to do their work, and access to a wide variety of learning materials.

Our Core Beliefs and Values
- Children are constructivist learners
- Early Childhood educators are professionals
- Our families are our partners
- Our environment is an inspiration for inquiry

Spaces are limited for the 2021/2022 school year. Waitlist applications are always welcome. For more information, please contact Director Liza Baron at lbaron@jccpgh.org or 412-697-3530.
Our Educators Make the Difference

Our talented and dedicated staff is committed to ensuring each child's happiness, safety and growth. It is our priority to employ experienced and creative staff who meet our high standards and reflect our value of lifelong learning. Our educators work together as a team to ensure all of our children are highly engaged in the education process for our school.

Skilled JCC specialists teach aquatics, physical education, music, and Jewish and Israeli culture.

Age Groups and Schedules

ECDC is a year-round early learning center. We operate from 8 am-5 pm every weekday.

- Infants: ages 6 weeks through 14 months
- Tots: ages 12 months through 2 years
- Toddlers: 2-year-olds
- Preschoolers: 3- and 4-year-olds
- Pre-Kindergarten: 4- and 5-year-olds

EARLY CHILDHOOD
For more information on Clubhouse, J Days, Specialty Camps and all Children’s programming, contact Jamie Scott at jscott@jccpgh.org or 412-697-3520.

Grades K-6 • Monday-Friday • 3-6 pm Through June 16, 2022
The Clubhouse after school program provides care for children grades K-6 through fun and engaging activities and homework support after a day of school.
Our program is focused on ensuring the mental, physical and emotional well-being of children by providing meaningful opportunities to engage with peers and choose activities based on their own interests.
Activities include sports, STEM, arts & crafts, science, cooking, woodworking and more.
*Clubs and programming for the 2021-2022 school year follow COVID guidelines from national and local health authorities.

● Birthday Parties: ages 4-10
Our staff enthusiastically lead birthday parties from the beginning to end! The price includes; paper goods, set-up and clean-up, decorations, birthday cake, and staff supervision. The base price is for 15 children. Each additional participant is $10.
$350
Birthday party themes include swimming, creative cooking, arts & crafts games galore, private movie, and more.
J DAYS FOR CHILDREN

Snow J Days

When schools are closed because of the weather, we are open! Gym time, swim time, and more available at a moment’s notice.

10 am-4 pm, $40 per day per child
After-care: 4-6 pm, $15 (no charge for Clubhouse members)

For more information on Clubhouse, J Days, Specialty Camps and all Children’s programming, contact Jamie Scott at jscott@jccpgh.org or 412-697-3520.

Grades PreK-6
9 am-4 pm

J Days are scheduled based on Pittsburgh Public Schools closures. J Days are programmed with field trips and in-house activities, such as swimming, gym time, arts & crafts, and other fun activities.

In-house J Days: $65 per day per child Field Trip J Days: $75 per day per child

Winter Dates
Monday, December 27: Schenley Ice Rink
Tuesday, December 28: SkyZone
Wednesday, December 29: Zone 28
Thursday, December 30: (in-house) Wild Animal Show

Before- and After-Care
8-9 am: no charge
4-6 pm: $15 (no charge for Clubhouse members)

Snow J Days

When schools are closed because of the weather, we are open! Gym time, swim time, and more available at a moment’s notice.

10 am-4 pm, $40 per day per child
After-care: 4-6 pm, $15 (no charge for Clubhouse members)
DAY CAMP

For more information contact Camp Director Rachael Speck, rspeck@jccpgh.org or 412-697-3537.

J&R DAY CAMP

Dates 2022

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<td>July 5-8</td>
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<td>August 8-12</td>
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Camp Rates

- $400 per week JCC members
- $210 per week Staff in Training rate
- $50 per week non-member add-on fee
- 5% sibling discount
- $80 ECDC one-time discount

*Must register for a minimum of 4 weeks or more to receive any discount

After-care

4-6 pm
$20 per day; $90 per week

JCCPGHDAYCAMPS.COM
J&R DAY CAMP

Virtual Info Sessions
• Learn about the benefits of sending your child to day camp
• Inquire about J&R Day Camp summer 2022 plans and a Covid-19 update
• See what sets J&R Day Camp apart from other day camps
• Hear from Rachael Speck, J&R Day Camp Director, and meet other senior staff

All new and prospective families are encouraged to attend one session.

Noon & 7:30 pm on:
Wednesday, December 15
Tuesday, January 11
Thursday, February 10

To register and receive Zoom links:
Contact Camp Director Rachael Speck, rspeck@jccpgh.org or 412-697-3537.

There is no obligation to register for camp at these sessions.
DAY CAMP

For more information contact Kathy Wayne, kwayne@jccpgh.org or 412-339-5414.

PERFORMING ARTS CAMP

Pre-professional program for young performers: Rising Stars Grades 4-10
This year’s musical production will be MATILDA THE MUSICAL JR.

Hone your craft with theater professionals! Theater games as well as drama and vocal exercises help campers learn to express themselves. Through the study of dance technique and choreography, campers learn how to break down a complicated routine into manageable steps. Campers work on music skills and musical theater repertoire, which are showcased in a final production.

4-week day camp for summer 2022
June 27-July 22
9 am - 3:30 pm

SUPER SUNDAY SAMPLER

Check out and sample all of the specialty camps we have to offer for summer 2022. You are able to register for camp at the event!

Sunday, February 27 • 1-3 pm in Robinson Gym
For more information contact Jamie Scott, jscott@jccpgh.org or 412-697-3520.

JCCPGHDAYCAMPS.COM
EKC, the JCC’s premier overnight camp, nestled along Cheat Lake near Morgantown, West Virginia, provides countless opportunities for sports and recreational activities on land and water.

EKC programs, with an emphasis on Jewish values, are for children entering grades 2 through 10. Activities include swimming, climbing tower, sports, waterskiing, cooking, theatre, music, canoeing, water sports, ceramics, arts & crafts, mountain biking, camping, horseback riding, dance, archery and more!

Our program is designed to promote connections, values, growth and fun for everyone involved!

For campers in grades 2-7, we offer 2-week options and for first-time campers in grades 2-6, we offer 1-week options in addition to our full sessions.

**Dates and Rates**

**Emma Kaufmann Camp Registration**

To learn more, contact
Camp Director Aaron Cantor
412-339-5412 • acantor@jccpgh.org

Be sure to ask about special pricing for first-time campers.
• Moving Traditions
This monthly program teaches young people the power of community and the ability of Jewish wisdom and practice to foster personal expression and growth.

Rosh Chodesh: girls grades 9-10
Led by Sara Stock Mayo

Shevet: boys grades 6-8
Chris Herman, cherman@jccpgh.org, 412-339-5395

• Teen Wellness Committee:
grades 6-12
Sarah Pesi, spesi@jccpgh.org
Join the wellness committee to plan teen experiences that focus on wellness on The Second Floor.

• BBYO: grades 8-12
Contact Erica Levin, elevin@bbyo.org or 412-600-3989

BBYO is the leading pluralistic Jewish teen movement aspiring to involve Jewish teens in meaningful Jewish experiences. Keystone Mountain Region is home to several chapters located throughout the Greater Pittsburgh Area. We provide Jewish teens with a wide range of experiences, from dances, to communal Shabbat celebrations, to weekend long retreats ALL planned by our teen leaders. Here in Keystone Mountain Region, we strive to provide our members with opportunities to develop leadership skills and positively affect the community, the world, and themselves.

BBYO

• Peer Engagement Internship
Chris Herman, cherman@jccpgh.org, 412-339-5395

The Peer Engagement Internship is a 10-month paid internship for teens through The Second Floor at the JCC. Interns serve as connectors and builders of Jewish life in Pittsburgh.

Interested students must be in grades 10-12 and over the age of 16 to apply.
• The Second Floor: Grades 6-12
facebook.com/thesecondfloorpgh
instagram.com/thesecondfloorpgh
Located upstairs in the Robinson building, The Second Floor is excited to once again be open daily for teens to enjoy snacks and bottomless coffee, Netflix, PlayStation, great conversations, and more!

• J-Serve: grades 6-12
Save the Date: April 3, 10 am-3 pm
J-Serve Steering Committee: grades 9-12
Brenna Rosen, brosen@jccpgh.org, 412-339-5400
J-Serve Pittsburgh is an annual day of service offering a wide array of volunteer opportunities to participants from all over the greater Pittsburgh area.
Application for J-Serve Steering Committee open now.

• Samuel M. Goldston Teen Philanthropy Project: Grades 9-12
Maria Carson, mcarson@jccpgh.org, 412-697-3233
An immersive cohort experience where participants explore philanthropy as a Jewish concept under the umbrella of tikkun olam—world repair.

• Pittsburgh Diller Teen Fellows: grades 10-11
Maria Carson, mcarson@jccpgh.org
412-697-3233
facebook.com/pittsburghdillerteens
instagram.com/dillerpittsburgh
The Pittsburgh Diller Teen Fellows program is a premiere leadership cohort experience for a select group of Jewish participants from across Pittsburgh.

• Get Your Think On! J Line
This year J Line will take place at different points throughout the year, with a focus on short, immersive learning opportunities.
Register for J Line
Programs

• Congregate Meals
Delicious Kosher lunch for Allegheny County residents age 60+ who are registered with AgeWell at the JCC.

• Information & Assistance
Questions? We have answers! Contact agold@jccpgh.org or 412-697-3528

• Transportation Services
OPT, ACCESS, and Elder Express transportation

• Voter Registration
Registration forms available through AgeWell at the JCC.

• Legal Services
Contact Darlene Cridlin, LCSW at 412-697-3517 for information.

• CheckMates Calls & Volunteer Opportunities
Call Amy Gold at 412-697-3528.

• Virtual Senior Academy
Ongoing VSA Classes:
  • Social Justice
  • Art and Quarantine Stories
  • Nutrition & You
  • Coffee Connect
  • Computer Literacy
  • Intergenerational Conversations
  • Origami
Contact Maddie Barnes for more information at mbarnes@jccpgh.org or call 412-697-1186.

virtualsenioracademy.org

Registration for Senior Center activities and services must be completed in Room 201 by appointment, or over the phone. Bring a photo ID with your date of birth and proof of Allegheny County residency.

For more info, contact Darlene Cridlin dcridlin@jccpgh.org or 412-697-3517.
Art for August

December 20, 2021-January 30, 2022

Art for August celebrates the birthday of August Wilson, the Pulitzer Prizewinning playwright who set many of his plays in Pittsburgh's Hill District, and supports local artists inspired by his legacy, his frank perspectives on racism, and his complex love-hate relationship to this city.

The American Jewish Museum proudly presents the work of the artists included in this traveling exhibition, whose work explores August Wilson's enduring influence. Artists include Donna Bundy, Corey Carrington, Marlon Gist, Brandon Jennings, Charlotte Ka, LaVerne Kemp, Dominick McDuffie, Jasymnie E. Miller, Carlos F. Peterson and David Pohl.

The Ground on Which We Stand: August Wilson’s Pittsburgh and Beyond

Join American Jewish Museum Director Melissa Hiller and Rabbi Ron Symons on Virtual Senior Academy for this four-session exploration of values and lessons of August's Pittsburgh that resonate today.

The series will include conversations with experts and artists involved in the American Jewish Museum exhibit, Art for August.

10:30 - 11:30 am • January 6, 13, 20, 27

Register for Free through the Virtual Senior Academy
It's a Beautiful Shabbat in The Neighborhood (virtual)

Join Rabbi Ron Symons and our neighborhood guests in lighting Shabbat candles, raising a glass of wine and breaking bread in celebration of Shabbat. Ron and guests will help us enter Shabbat while reflecting on pressing issues of the week through a Jewish values lens.

Every Friday beginning at Noon
(Participate anytime after noon)

JCC Facebook Page
CFLK Facebook Page
(No RSVP Needed)

Adult Advanced Hebrew

We welcome you to practice your Hebrew and grow your fluency with instructor Haya Feig.

Wednesdays, 6:15-7:45 pm
January 5, 12, 19, 26
February 2, 9, 16, 23
March 2, 9, 23
April 6, 13, 20
Room 202 in Squirrel Hill
$350 - Open to members and non-members

For questions about Hebrew level, Contact Rabbi Ron Symons at rsymons@jccpgh.org

Become a Project UPstander Volunteer

JCC Project UPstander volunteers provide support for neighbors facing challenges as a result of one-time and/or ongoing hateful acts, natural disasters, violence or intolerance.

Become an Upstander

Contact Rabbi Ron Symons at rsymons@jccpgh.org or 412-697-3235
10.27 HEALING PARTNERSHIP

For more information call 412-697-3534 or email info@1027healingpartnership.org

● Conscious Drumming
10.27 Healing Partnership will be hosting drop-in community conscious and expressive drum circles led by Stephanie and Bob Miller. Come and experience the healing power of music and build community through the spontaneous creation of rhythmic sound. No skill is needed to participate. All are welcome and instruments will be provided.
Mondays: 7-8 pm
Every other week
December 6-February 28
No fee; registration required
Contact: 412-697-3534
rdavidson@jccpgh.org
www.1027healingpartnership.org/events

● Wellness Wednesdays
Join the 10.27 Healing Partnership for Wellness Wednesdays, featuring Vibroacoustic Harp Therapy sessions led by Stephanie Miller, CMP, VAHTP and other wellness centered activities. Our space will be open for sessions of healing activities such as Harp Therapy or biofeedback. Often described as a musical massage, Vibroacoustic Harp Therapy promotes relaxation and can help with mental health and overall wellbeing. All are welcome to drop in our space and spend time with staff and community members, while partaking in other healing activities.
Wednesdays: 6:30-8 pm
Every other week
December 15-February 23
No class on December 29
No fee; registration required
Contact: 412-697-3534
rdavidson@jccpgh.org
www.1027healingpartnership.org/events
We’re kicking back the rugs for our

16th Annual Big Night
The Roaring 20s
Saturday, March 5, 2022

“This will be the best, swankiest, craziest, not-to-be-missed event,” said Big Night Co-chairs Marcie and Matthew Weinstein & Sam and Josh Klein.

“We’re pulling out all the stops to make this The Event of the Year.”

Presenting Sponsor: PNC Bank

Support the JCC with an annual gift by sponsoring Big Night and help us continue serving you and your community.

For Big Night event Sponsorships and Donations, go to bidpal.net/bignight22

For questions: Contact Fara Marcus at 412-339-5413 or fmarcus@jccpgh.org