JCC FALL PROGRAMS

SQUIRREL HILL

TO REGISTER

412-339-5432
registration@jccpgh.org

jccpgh.force.com

OPERATING HOURS

Monday through Thursday • 6 am-8 pm
Friday • 6 am-6 pm
Saturday and Sunday • 8 am-5 pm

CLICK HERE FOR MORE INFORMATION ON THE JCC'S VACCINE MANDATE

Facility operations and programming are subject to change in accordance with national, state and local health and safety guidelines.

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JCC SAILFISH SWIM SCHOOL

Contact Carla Likar, clikar@jccpgh.org
412-339-5429

Register for swim lessons

CLASS DAYS AND TIMES

Guppy and Me: ages 6-24 months
Sundays..... 9-9:30 am
Thursdays ..... 6-6:30 pm

Tadpoles: age 2
Sundays..... 9-9:30 am
Wednesdays ..... 10:15-10:45 am
Thursdays ..... 3-3:30 pm

Minnows: ages 3-5
Sundays..... 9:30-10 am
Mondays ..... 10-10:30 am
Thursdays ..... 3:30-4 pm

Jellyfish: ages 3-5
Sundays..... 10-10:30 am
Tuesdays ..... 10:15-10:45 am
Thursdays ..... 4-4:30 pm

Catfish: ages 3-5
Sundays..... 10:30-11 am
Thursdays ..... 4:30-5 pm

Starfish: ages 6-12
Sundays..... 11-11:30 am
Thursdays ..... 5-5:30 pm

Goldfish: ages 6-12
Sundays..... 11:30 am-noon
Thursdays ..... 5:30-6 pm

Dolphins: ages 6-12
Sundays..... Noon-12:30 pm
Thursdays ..... 6-6:30 pm

Sharks: ages 6-12
Sundays..... 12:30-1 pm
Thursdays ..... 4:30-5 pm

Aquadults: ages 13+
Beginner Tuesdays ..... 6:30-7 pm
Intermediate Tuesdays ..... 7-7:30 pm
Advanced Tuesdays ..... 7:30-8 pm

JCC SAILFISH SWIM SCHOOL

ECDC CLASS DAYS AND TIMES

Open only to children currently registered in ECDC

Tadpoles: age 2

Mondays ..... 3-3:30 pm
Thursdays ..... 10:15-10:45 am

Minnows: ages 3-5

Mondays ..... 3:30-4 pm
Tuesdays ..... 4-4:30 pm

Jellyfish: ages 3-5

Tuesdays ..... 3-3:30 pm
Wednesdays ..... 3-3:30 pm
Thursdays ..... 4-4:30 pm

Catfish: ages 3-5

Tuesdays ..... 3:30-4 pm
Wednesdays ..... 3:30-4 pm

CLASS DATES

Sunday classes

September 19-October 24 ..... $105
November 7-December 19 ..... $105

Monday classes

September 13-October 25 ..... $105
November 1-December 13 ..... $105

Tuesday classes

September 14-October 26 ..... $90
November 2-December 14 ..... $90

Wednesday classes

September 15-October 27 ..... $105
November 3-December 15 ..... $105

Thursday classes

September 23-October 28 ..... $78
November 4-December 16 ..... $90

Private Swim Lessons

30 minutes: $40
Six 30-minute sessions: $210
10 30-minute sessions: $320

Register for swim lessons

JCC SAILFISH SWIM TEAMS

Squirrel Hill Sailfish: ages 6-12 Introduction to Competitive Swimming

Lex Glickman, aglickman@jccpgh.org

Children practice all four competitive swim strokes. Emphasis is on competitive techniques such as streamline turns, finishes and endurance training. Children must try out to participate.

Mondays and Wednesdays
September 13-December 15
4-5 pm
$224

For more information about requirements, practice times, days and locations for the following teams, contact Coach Al Rose, 412-906-2583 or al@jccsailfish.org

Pittsburgh Group Sailfish: ages 7+

$537

Allegheny Group Sailfish: ages 7+

$612

Pennsylvania Group Sailfish: ages 10-18

$710

U.S. Group Sailfish: ages 13-18

$915

U.S. National Group

$938

Masters

$434

Contact Brandi D'Amico, bdamico@jccpgh.org
412-697-3532

Register here for Youth Basketball

Harry B. Davis Basketball Clinic & League: grades 3-8

Saturdays
October 30, 2021-March 5, 2022
(no clinic November 27, December 25, and January 1)
Championship Game.....Monday, March 7, 2022
$225 JCC members/$275 non-members
Grades 3-4.....1-2 pm
Grades 5-6.....2:15-3:15 pm
Grades 7-8.....3:30-4:30 pm

Little Champs Super Hoopers: grades K-2

Sundays
October 31, 2021-February 20, 2022
(no clinic November 28, December 26 and Jan 2)
$180 JCC members/$230 non-members
Kindergarten.....12:30-1:30 pm
Grade 1.....1:45-2:45 pm
Grade 2.....3-4 pm

NBA (No Boys Allowed) Clinic & League: girls in grades 3-8

Sundays
December 5, 2021-February 20, 2022
(no clinic December 26 and January 2)
$150 JCC member/ $200 non-members
Grades 3-5.....4:15-5 pm
Grades 6-8.....5:15-6 pm

Private Basketball Personal Training: ages 10+

1 player: $60/hour; $30/half hour
2 players: $40/player/hour; 3 players: $35/player/hour
4 players: $30/player/hour

Youth Soccer with Pittsburgh Soccer Academy: Grades K-2

Join the Pittsburgh Soccer Academy to learn soccer skills through fun age-appropriate drills and games.

Mondays • 5-6 pm
October 18-December 13 (no class November 22)
$120

DANCE

Contact Kathy Wayne, kwayne@jccpgh.org
412-339-5414

Register for Dance Classes

Class Descriptions and Dress Code

ECDC DANCE CLASSES

Open only to children currently registered in ECDC

Creative Movement: ages 3-4

(Currently in 3-year-old pre-school class)
Wednesdays, 3:30-4pm ..... KDS
September 15-December 15 ..... $210

Pre-Ballet: ages 4-5

(Currently in 4-year-old pre-K class)
Wednesdays, 2:45-3:15pm ..... KDS
September 15-December 15 ..... $210

Pre-Ballet/Tap: ages 4-5

(Currently in 4-year-old pre-K class)
Wednesdays, 1:30-2:15 pm ..... KDS
September 15-December 15 ..... $240

SCHOOL AGE DANCE CLASSES

Ballet/Tap 1: Kindergarten

Mondays, 4:30-5:15 pm ..... RDS
September 13-December 13 ..... $240
*Class ends at 5 pm on 9/20 and 9/27

Ballet/Tap 2: ages 6-7

Mondays, 5:30-6:30 pm ..... RDS
September 13-December 13 ..... $260
*Class ends at 5 pm on 9/20 and 9/27

Ballet/Tap/Jazz 3: ages 8-10

Wednesdays, 4:30-5:45 pm ..... RDS
September 22-December 15 ..... $264

Ballet/Tap/Jazz Intermediate: ages 11-14

Tuesdays & Thursdays 4:30-6:30 pm ..... RDS
September 14-December 16 ..... $480
No class September 16

DANCE

Ballet/Tap/Jazz Advanced: ages 14-18

Mondays (Ballet and Jazz), 6:30-9 pm ..... RDS
Wednesdays (Ballet and Tap) 6-8:30 pm ..... RDS

September 13-December 16 ..... $580

Hip Hop: ages 8-11

Fridays, 4:15-5:15 pm ..... RDS
September 17-December 17 ..... $260

K&M Dance Company

Participants must be approved by Kathy Wayne
Sundays, 1-2 pm ..... RDS
September 19-December 12 ..... $205
Dance company solo fee $325
Dance company duet fee $300

Register for Dance Classes

MIDDLE SCHOOL MUSICAL

Don't miss the JCC's Middle School Musical, directed by Kathy Wayne. Anyone in grades 5-8 who is interested in auditioning: *Contact Kathy Wayne at 412-339-5414 or kwayne@jccpgh.org.*

Audition Date
Sunday, September 19 ..... 1-5 pm

Call Back Date
Sunday September 26 ..... 1-5 pm

Show Dates
Wednesday, December 8 ..... 7 pm
Thursday, December 9 ..... 7 pm
Saturday, December 11 ..... 7:30 pm
Sunday, December 12 ..... 2 pm

Register for the Middle School Musical

Group Ex Classes

- Group Active
- Group Blast
- Group Centergy
- Group Core
- Group Fight
- Group Power
- Yoga
- Spinning
- Zumba

Group Ex Launches

- Group Blast, October 23 • 8:45 am
- Group Active, October 29 • 9 am

Up-to-date Group Ex schedule

Healthy Heart Phase lll Cardiac Rehabilitation

Contact Marsha Mullen, mmullen@jccpgh.org or 412-339-5415

With a physician's approval, you can exercise in Centerfit. Marsha Mullen, MS ATC, will guide you through an individualized exercise program using your physician's recommendations.

Monday and Wednesdays: 1-3 pm
Fridays: Noon- 2 pm

$36/month for SilverSneakers®, Silver&Fit® and JCC general members
$72/year for Platinum members

HIIT: High Intensity Interval Training

Mondays and Wednesday • 8-8:45 am
September 13-October 13
$75

Pool schedule

Register on Mindbody

Register for other fitness programs

Group Cycling Challenge

With New Spinner Chrono Bikes that measure power output, giving students another tool to ensure an effective, goal-driven workout.

November 2-December 21
Tuesdays and Thursdays • 6:15 am
$150/ platinum; $180/general member

Teen Fitness Certification

Contact Laurie Wood, lwood@jccpgh.org or 412-697-3509

This one hour orientation must be completed by teens ages 13-15 prior to using the facility.

$60/by appointment only

Next Steps

Contact Marsha Mullen, mmullen@jccpgh.org or 412-339-5415

This post-rehabilitation program helps you transition from physical therapy to long-term wellness.

$33/half hour/10 half-hour sessions

Nutrition Counseling.

$55/one-hour session; $30/follow-up session
5 follow-up sessions: $140

PWR!Moves™ Parkinson's Exercise Program

Contact Marsha Mullen, mmullen@jccpgh.org or 412-339-5415

PWR!Moves is an evidence-based exercise program geared to people with Parkinson's.

Mondays and Thursdays, 11:45 am
September 20-October 28 ..... $60
November 4-December 20 ..... $60
Mondays, Kaufmann Dance Studio
Thursdays, Levinson Hall

Beginner T'ai Chi for all ages

Contact Marsha Mullen, mmullen@jccpgh.org or 412-339-5415

Saturdays, Kaufmann Dance Studio
September 11-December 18 • 12:15-1 pm
$70; registration required

CENTERFIT PLATINUM

Join Today for These Benefits

- Adults-only spa-style locker rooms, concierge services and discounts
- ALL Group Exercise, Yoga and Spinning are FREE
- Discount of up to 10% off Personal Training Contracts
- DISCOUNT up to 20% on Massage
- Sauna and whirlpool
- Towel service, hair dryers and toiletries
- Free coffee and tea

To join, contact the Membership Office, 412-697-3522 or membership@jccpgh.org

Massage

Call 412-697-3544 for an appointment.

- **Swedish**
- **Trigger Point**
- **Deep Tissue**
- **Sports**
- **Restorative**
- **Chair**

Massage Fees Platinum members

Half Hour $30
Hour $60
10 half-hour sessions $280

General members: add $10

PERSONAL TRAINING

Live life to the fullest! Let us help you look good and feel great. Your personal trainer will customize a program designed just for you and guide you to experience a life-changing transformation through safe, enjoyable workouts. Get started today!

Contact Bill Herman at wherman@jccpgh.org or 412-697-3238

Contact Marsha Mullen, mmullen@jccpgh.org or 412-339-5415

For those not registered with SilverSneakers® or Silver&Fit®, participants need to be age 60 or older, Allegheny County residents and registered with AgeWell at the JCC. SilverSneakers® classes (except for Splash) are open to everyone if space permits for a fee of $2 per class. No fee for Platinum members.

SilverSneakers®

SilverSneakers® is free to adults ages 65+ who use Highmark, Gateway, Humana, UPMC for Life and other plans. Participants receive a general membership to the JCC.

Pick up the most recent Senior Adult Group Exercise schedule in Room 201.

Classes

- **Classic/Balance**
- **Yoga**
- **Circuit**
- **Splash**
- **Boom Move (high intensity dance workout)**
- **Boom Muscle (tone muscles, build strength)**
- **Walk 15**

Arthritis Foundation Aquatic Exercise

Gentle movements increase joint flexibility and range of motion, while restoring or maintaining muscle strength. Must have a physician's referral to participate in this certified program.

Mondays, Wednesdays, Fridays
Noon-1 pm
Small pool
No fee

Register

Spaces are limited for the 2021/2022 school year. Waitlist applications are always welcome. For more information, please contact Director Liza Baron at lbaron@jccpgh.org or 412-697-3530.

ANNABELLE RUBINSTEIN EARLY CHILDHOOD DEVELOPMENT CENTER

Children grow and thrive in a program enriched with language, reading, math, science, art, music and fun. We believe that discovery and play are young children's most important "work," preparing them for the academic and life challenges ahead.

Our Approach

ECDC's approach to early learning is inspired by the ideas and practices developed in Reggio Emilia, Italy, for the education of young children. This program—based on the principles of respect, responsibility and community through exploration and discovery in a supportive and enriching environment—resonates with the JCC mission. ECDC's curriculum recognizes each child's voice and strives to provide a beautiful environment, small groups for children to do their work, and access to a wide variety of learning materials.

Our Core Beliefs and Values

- Children are constructivist learners
- Early Childhood educators are professionals
- Our families are our partners
- Our environment is an inspiration for inquiry

Our Educators Make the Difference

Our talented and dedicated staff is committed to ensuring each child's happiness, safety and growth. It is our priority to employ experienced and creative staff who meet our high standards and reflect our value of lifelong learning. Our educators work together as a team to ensure all of our children are highly engaged in the education process for our school.

Skilled JCC specialists teach aquatics, physical education, music, and Jewish and Israeli culture. ECDC is visited weekly by a counselor from Jewish Family and Community Services to support educators and children in the classroom environment.

Age Groups and Schedules

ECDC is a year-round early learning center with summer camps for children ages 6 weeks to 5 years old. We operate from 8 am-5 pm every weekday.

- Infants: ages 6 weeks through 14 months
- Tots: ages 12 months through 2 years
- Toddlers: 2-year-olds
- Preschoolers: 3- and 4-year-olds
- Pre-Kindergarten: 4- and 5-year-olds

Early Childhood Summer Camps

June 20-July 15, 2022
July 18-August 11, 2022

Camp K'Ton Ton: ages 2-3
Camp Yeladim: ages 3-5

Monday-Friday • 8 am-5 pm

Campers thrive in a safe, structured environment with outdoor and indoor activities appropriate for each developmental stage. Your child will enjoy:

- Daily music and movement with our music educator
- Building and discovering with a variety of materials and tools
- Art experiences with our studio educator
- Special programs with Carnegie Science Center, Children's Museum, National Aviary and Officer Friendly
- Experiments with our nature and science specialist
- Large motor skill games in our gym
- Israeli dancing and Shabbat

Activities are connected to weekly themes and special guests. Program includes a kosher lunch and snacks.

CLUBHOUSE AFTER SCHOOL

Grades K-6 • Monday-Friday • 3-6 pm
September 13-June 16, 2022

The Clubhouse after school program provides care for children grades K-6 through fun and engaging activities and homework support after a day of school. Our program is focused on ensuring the mental, physical and emotional well-being of children by providing meaningful opportunities to engage with peers and choose activities based on their own interests. Activities include sports, STEM, arts & crafts, science, cooking, woodworking and more.

*Clubs and programming for the 2021-2022 school year follow COVID guidelines from national and local health authorities.

J DAYS

Grades PreK-6
9 am-4 pm

J Days are scheduled based on Pittsburgh Public Schools closures. J Days are programmed with field trips and in-house activities, such as swimming, gym time, arts & crafts, and other fun activities.

In-house J Days: $65 per day per child
Field Trip J Days: $75 per day per child

Fall Dates
Monday, October 11
Tuesday, October 12
Friday, October 22
Tuesday, November 2
Thursday, November 11
Monday, November 29
Winter Break: December 27-30

Before- and After-Care
8-9 am: no charge
4-6 pm: $15 (no charge for Clubhouse members)

For more information on Clubhouse, J Days, Specialty Camps and all Children's programming, contact Jamie Scott at jscott@jccpgh.org or 412-697-3520.

Kids Nite Out: grades PreK-6

Parents enjoy a night out while the JCC provides a safe, supervised, themed activity night for the children. Dinner and swimming is included.

Saturdays 6-9 pm
Dates TBA
$45 per child, $15 per sibling

Snow J Days

When schools are closed because of the weather, we are open! Gym time, swim time, and more available at a moment's notice.

10 am-4 pm, $40 per day per child

After-care: 4-6 pm, $15 (no charge for Clubhouse members)

Birthday Parties: ages 4-10

Our staff enthusiastically lead birthday parties from the beginning to end! The price includes; paper goods, set-up and clean-up, decorations, birthday cake, and staff supervision. The base price is for 15 children. Each additional participant is $10.

$350

Birthday party themes include swimming, creative cooking, arts & crafts games galore, private movie, and more.

J&R DAY CAMP

For more information contact Camp Director Rachael Speck, rspeck@jccpgh.org or 412-697-3537.

CAMP DATES 2022

Week 1	**June 27-July 1**
Week 2	**July 5-8**
Week 3	**July 11-15**
Week 4	**July 18-22**
Week 5	**July 25-29**
Week 6	**August 1-5**
Week 7	**August 8-12**
Week 8	**August 15-19**

CAMP RATES*

$400 per week JCC members

$210 per week Staff in Training rate

$50 per week non-member add-on fee

5% sibling discount

$80 ECDC one-time discount

***Must register for a minimum of 4 weeks or more to receive any discount**

AFTER-CARE

4-6 pm
$20 per day; $90 per week

JCCPGHDAYCAMPS.COM

EMMA KAUFMANN CAMP

EKC, the JCC's premier overnight camp, nestled along Cheat Lake near Morgantown, West Virginia, provides countless opportunities for sports and recreational activities on land and water.

EKC programs, with an emphasis on Jewish values, are for children entering grades 2 through 10. Activities include swimming, climbing tower, sports, waterskiing, cooking, theatre, music, canoeing, water sports, ceramics, arts & crafts, mountain biking, camping, horseback riding, dance, archery and more!

Our program is designed to promote connections, values, growth and fun for everyone involved!

For campers in grades 2-7, we offer 2-week options and for first-time campers in grades 2-6, we offer 1-week options in addition to our full sessions

Dates and Rates

Emma Kaufmann Camp Registration

To learn more, contact
Camp Director Aaron Cantor
412-339-5412 • acantor@jccpgh.org

Be sure to ask about special pricing for first-time campers.

TEEN PROGRAMS

Peer Engagement Internship

Chris Herman, cherman@jccpgh.org, 412-339-5395

The Peer Engagement Internship is a 10-month paid internship for teens through The Second Floor at the JCC. Interns serve as connectors and builders of Jewish life in Pittsburgh.

Interested students must be in grades 10-12 and over the age of 16 to apply.

Get Your Think On! J Line

This year J Line will take place at different points throughout the year, with a focus on short, immersive learning opportunities.

Register for J Line

College Prep Series: Grades 10-12

Brenna Rosen, brosen@jccpgh.org, 412-339-5400

This program for teens and their parents includes he college admission process, gap year and internships, scholarships and loan programs, safety on campus, campus life, and being Jewish on campus. We will be joined by professionals in our community and representatives from global organizations.

Mondays, October 4-November 1
7-8:30 pm

Current Events Discussion Group: grades 8-12

Sarah Pesi, spesi@jccpgh.org

Every other Thursday from 4-5 pm on The Second Floor. Begins October 14.

Social Justice Book Club: grades 8-12

Sarah Pesi, spesi@jccpgh.org

Read a book each month related to social justice issues and discuss how to apply the lessons from the books in our everyday lives. The first book of the book club will be Channel Kindness by Lady Gaga.

Begins Tuesday, October 26 • 5:30-6:30 pm

Moving Traditions

This monthly program teaches young people the power of community and the ability of Jewish wisdom and practice to foster personal expression and growth.

Rosh Chodesh: girls grades 9-10
Led by Sara Stock Mayo

Shevet: boys grades 7-9

Chris Herman, cherman@jccpgh.org, 412-339-5395

Mindfulness After School: grades 6-12

Sarah Pesi, spesi@jccpgh.org

Tuesdays, 5-5:30 pm, begins October 5

Join us in learning mindfulness skills that cultivate kindness, engage creativitiy and do self-care.

Teen Wellness Committee: grades 6-12

Sarah Pesi, spesi@jccpgh.org

Join the wellness committee to plan teen experiences that focus on wellness on The Second Floor.

BBYO: grades 8-12

Contact Erica Levin, elevin@bbyo.org or 412-600-3989

BBYO is the leading pluralistic Jewish teen movement aspiring to involve Jewish teens in meaningful Jewish experiences. Keystone Mountain Region is home to several chapters located throughout the Greater Pittsburgh Area. We provide Jewish teens with a wide range of experiences, from dances, to communal Shabbat celebrations, to weekend long retreats ALL planned by our teen leaders. Here in Keystone Mountain Region, we strive to provide our members with opportunities to develop leadership skills and positively affect the community, the world, and themselves.

BBYO

The Second Floor: Grades 6-12

facebook.com/thesecondfloorpgh

instagram.com/thesecondfloorpgh

Located upstairs in the Robinson building, The Second Floor is excited to once again be open daily for teens to enjoy snacks and bottomless coffee, Netflix, PlayStation, great conversations, and more!

J-Serve: grades 6-12

Save the Date: April 3, 2022

J-Serve Steering Committee: grades 9-12

Brenna Rosen, brosen@jccpgh.org, 412-339-5400

J-Serve Pittsburgh is an annual day of service offering a wide array of volunteer opportunities to participants from all over the greater Pittsburgh area.

Application for J-Serve Steering Committee open now.

Samuel M. Goldston Teen Philanthropy Project: Grades 9-12

Maria Carson, mcarson@jccpgh.org, 412-697-3233

An immersive cohort experience where participants explore philanthropy as a Jewish concept under the umbrella of tikkun olam—world repair.

Pittsburgh Diller Teen Fellows: grades 10-11

Maria Carson, mcarson@jccpgh.org

412-697-3233

facebook.com/pittsburghdillerteens

instagram.com/dillerpittsburgh

The Pittsburgh Diller Teen Fellows program is a premiere leadership cohort experience for a select group of Jewish participants from across Pittsburgh.

Programs

Congregate Meals

Delicious Kosher lunch for Allegheny County residents age 60+ who are registered with AgeWell at the JCC.

Information & Assistance

Questions? We have answers!
Contact agold@jccpgh.org or 412-697-3528

Transportation Services

OPT, ACCESS, and Elder Express transportation

Voter Registration

Registration forms available through AgeWell at the JCC.

Legal Services

Contact Darlene Cridlin, LCSW at 412-697-3517 for information.

CheckMates Calls & Volunteer Opportunities

Call Amy Gold at 412-697-3528.

Virtual Senior Academy

Ongoing VSA Programs:

- Social Justice: Eternal Values Applied to Contemporary Issues with Rabbi Ron Symons
- Art and Quarantine Stories with Melissa Hiller

Contact Maddie Barnes for more information at mbarnes@jccpgh.org or call 412-697-1186.

virtualsenioracademy.org

Registration for Senior Center activities and services must be completed in Room 201 by appointment, or over the phone. Bring a photo ID with your date of birth and proof of Allegheny County residency.

For more info, contact Darlene Cridlin dcridlin@jccpgh.org or 412-697-3517.

Art for August

December 20, 2021-January 30, 2022

Art for August celebrates the birthday of August Wilson, the Pulitzer Prizewinning playwright who set many of his plays in Pittsburgh's Hill District, and supports local artists inspired by his legacy, his frank perspectives on racism, and his complex love-hate relationship to this city.

The American Jewish Museum proudly presents the work of the artists included in this traveling exhibition, whose work explores August Wilson's enduring influence. Artists include Donna Bundy, Corey Carrington, Marlon Gist, Brandon Jennings, Charlotte Ka, LaVerne Kemp, Dominick McDuffie, Jasmynie E. Miller, Carlos F. Peterson and David Pohl.

The Ground on Which We Stand: August Wilson's Pittsburgh and Beyond

Join American Jewish Museum Director Melissa Hiller and Rabbi Ron Symons on Virtual Senior Academy for this four-session exploration of values and lessons of August's Pittsburgh that resonate today.

The series will include conversations with experts and artists involved in the American Jewish Museum exhibit, Art for August.

Register for free through the Virtual Senior Academy

January 2022

Rosh Hashanah Eve-ternoon at Family Park

Monday, September 6
2:30-4:30 pm
$10 per family group

Join us in our Family Park in Monroeville for a community gathering to welcome the Jewish new year. There will be something for everyone with activities for children, adults and families hosted by J&R Camp, EKC Camp, PJ Library, The Center for Loving Kindness and others.

Rabbi Symons will periodically sound the shofar and guide conversations about its meaning while Danielle West will share PJ Library Books focused on the values of Rosh HaShanah. The afternoon will be filled with camp-like activities for all to enjoy. Bring your bathing suit and towel…you never know!

Thematic grab and go snacks available for all.

RSVP

Yom Kippur: Moving Beyond Hate

Virtual event: Zoom and Facebook Live

Join us on the holiest day of the Jewish year to reflect on the moral impact of responding to hatred in Billings, Pittsburgh, and our nation. Former Montana State Senator Margaret MacDonald will reflect on what she has learned since the 1993 hate-fueled attacks in Billings, MT, especially the attack on the window of a 6-year-old who had a Chanukah Menorah displayed in it.

Other special guests include award-winning stand-up comedian and motivational speaker Gab Bonesso, mural artist and advocate Camo Customz, and University of Pittsburgh's Program Manager for the Office of Interfaith Dialogue and Engagement, Emiola Oriola, who will share the creative energy they use to move beyond hate.

Rabbis Ron Symons and Aaron Bisno, Kohenet Keshira haLev Fife and spiritual leader Sara Stock Mayo will guide us in a contemporary Yizkor (Remembrance) service for all those we have lost.

Thursday, September 16 • 2:30-3:45 pm
Free and open to all

Register

It's a Beautiful Shabbat in The Neighborhood (virtual)

Join Rabbi Ron Symons and our neighborhood guests in lighting Shabbat candles, raising a glass of wine and breaking bread in celebration of Shabbat. Ron and guests will help us enter Shabbat while reflecting on pressing issues of the week through a Jewish values lens.

Every Friday beginning October 1
5-5:15 PM

JCC Facebook Page

CFLK Facebook Page
(No RSVP Needed)

Yizkor Candle Lighting (virtual)

JCC Facebook Page

Throughout the generations, four times a year, members of the Jewish community are invited to light a yizkor (memorial) candle in welcoming a holiday and in remembrance of those who are no longer with us.

Rather than lighting that candle in your home by yourself, we invite you to join with Rabbi Symons, Spiritual Leader Sara Stock Mayo, 10.27 Healing Partnership Director Maggie Feinstein and guests in lighting those candles and hearing the melodies of remembrance as we remember and look ahead.

Yom Kippur
Wednesday, September 15
5-5:30 pm

Shemini Atzeret/Simchat Torah
Monday, September 27
5-5:30 pm

CENTER FOR LOVING KINDNESS

Contact Rabbi Ron Symons at rsymons@jccpgh.org or 412-697-3235

Become a Project UPstander Volunteer

JCC Project UPstander volunteers provide support for neighbors facing challenges as a result of one-time and/or ongoing hateful acts, natural disasters, violence or intolerance.

Become an Upstander

Braver Angels Workshops

These two-part workshops combine a 40-minute online course and an interactive workshop on Zoom.

Monday, October 18, 7-9:15 pm
Skills for Bridging the Divide

Get through difficult political conversations with people in your life. Learn how to talk across the divide in a constructive, empathetic way. (This is the same workshop offered in April 2021. Both newbies and returning folks are welcome.)

Monday, November 15, 7- 9:15 pm
Families and Politics

How to talk about politics with your loved ones in a way that brings you closer together — not farther apart. (This is the same workshop offered in August 2021. Both newbies and returning folks are welcome.)

Register

Important Excerpts to Guide Us On Countering Hate

A monthly conversation series on Zoom

Join us as we explore ideas from leading authors for building a more equal and just future. Hosted by the JCC's Center for Loving Kindness, the Carnegie Library of Pittsburgh, Jewish Federation of Greater Pittsburgh's Young Adult Division and the Squirrel Hill Urban Coalition.

Thursday 6:30-7:30 pm
October 7, November 4 and December 2

Fridays 1-2 pm
October 8, November 12 and December 10

Register

10.27 HEALING PARTNERSHIP

For more information call 412-697-3534 or email info@1027healingpartnership.org

Walking the Healing Path

A support group in motion, in partnership with Venture Outdoors. Walks are typically between 1.5-3 miles based on comfort of the group.

Wednesdays • 9-11 am
September 1: Frick Environmental Center
September 15: Schenley Park
September 29: Highland Park
October 6: Seldom Seen Greenway
October 20: Lower Frick

No fee; registration required

Call 412-697-3534

www.1027healingpartnership.org/events

Canopy Conversations

Stop by to speak with a therapist and either do a brief check-in or get connected for longer term support. We are joined on some of the Tuesdays by our partners at JFunds who can help people with financial resources.

Tuesdays, 11 am-1 pm
No conversations on September 7, 16 or 21
Thursdays 1-3 pm
Location: Forbes Ave. near the garage entrance for the JCC

www.1027healingpartnership.org/events

3rd Commemoration of 10/27

People can engage in learning, service or a variety of healing events this year around the 3rd commemoration.

Sunday, October 24 and Wednesday, October 27

www.1027healingpartnership.org/commemoration