

# JCC FALL PROGRAMS

**JCC  
PGH**



## TO REGISTER

**Squirrel Hill**

**412-339-5411**

**[registration@jccpgh.org](mailto:registration@jccpgh.org)**

**South Hills**

**412-278-1975**

**[registration@jccpgh.org](mailto:registration@jccpgh.org)**

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## Operating Hours

### Squirrel Hill

Monday through Thursday • 6 am-8 pm

Friday • 6 am-6 pm

Saturday and Sunday • 8 am-1 pm

### South Hills

Monday through Friday • 6 am-6 pm

Saturday and Sunday • 8 am-1 pm

**[CLICK HERE TO VIEW REOPENING FAQS](#)**

## 2 PERFORMING ARTS



### Performing Arts Camp Fall Edition Grades 5-10

Students will be divided into small groups based on age and will rotate to classes in dance, vocal and acting technique and rehearsal for a final showcase. Our performances will be live-streamed and video recorded.

PAC Fall Edition allows students to receive specialized instruction in a small group setting, develop their musical theater skills and prepare them for the time when we are able to have live theater again. The program replaces the middle school musical this year.

Sundays

October 4-December 14

1-5 pm

\$200/member; \$250/nonmember

**You can still register for PAC:**

**<https://jccpgh.formstack.com/forms/msm20>**

## 3 DANCE



**In-person classes are offered at the Squirrel Hill location in three dance styles: Ballet, Tap and Jazz.**

### **Ballet/Tap/Jazz: ages 7-9**

Tuesdays

October 6-December 15

5:15-6:30 pm

\$170

### **Ballet/Tap/Jazz: ages 10-14**

Wednesdays

October 7-December 16

5-6:30 pm

\$190

### **Advanced Ballet/Tap\*: ages 13-18**

Tuesdays

October 6-December 15

6:45-8:45 pm

\$210

Prerequisite: Four Years of Ballet Training

### **Advanced Ballet/Jazz\*: ages 13-18**

Wednesdays

October 7-December 16

6:45-8:45 pm

\$210

Prerequisite: Four Years of Ballet Training

**\*25% discount if registered for both advanced classes**

**Maximum number of participants: 11**

**You can still register for dance classes at [registration@jccpgh.org](mailto:registration@jccpgh.org)**

# 4 AQUATICS

## Guppy and Me (Squirrel Hill only)

Parent and child are led by an instructor to get kids acclimated to the water. (6 kids maximum)

Sundays • October 18-December 13

Ages 6 months-1 year 9-9:30 am

Ages 1- 2 9:45-10:15 am

Ages 2-3 10:30-11 am

\$96

## Private Lessons for all ages

### Squirrel Hill Small Pool

- One-two lanes will be roped off for private lessons.
- 1 instructor per child
- No more than 4 instructors at a time splitting a lane in half.

Mondays-Fridays: 9 am-6 pm

Saturdays and Sundays: 8 am-1 pm

30-minute sessions: 1/\$37, 6/\$198 and 10/\$300

### South Hills

- 1 instructor per child
- No more than 3 instructors at a time using every other lane.

Mondays-Fridays, 9 am, 9:30 am, 3 pm and 3:30 pm

30-minute sessions: 1/\$37, 6/\$198 and 10/\$300

## Lap Swim

45-minute sessions, 2 swimmers to a lane Squirrel Hill and South Hills pools

By reservation only through MINDBODY

[Log-in HERE](#)

## Swim Team Sailfish Swim Team

### Squirrel Hill

Mondays-Thursdays • 6-9 pm

Squirrel Hill and possibly Allderdice High School

Cost varies depending on level

### South Hills

Mondays-Thursdays • 6-7 pm

[registration@iccpqh.org](mailto:registration@iccpqh.org)

# 5 FITNESS



## **In-person fitness classes**

Classes for members only

On site at the JCC in Squirrel Hill and South Hills

Schedule changes weekly.

[View the schedule here](#)

[Click here to sign up on MINDBODY](#)

[Click HERE for information about MINDBODY](#)

## **Live, Online Group Exercise and SilverSneakers Classes**

Your favorite JCC instructors offer dozens of group exercise classes online every week. From the comfort of your living room, all you have to do is get off the couch.

[View the full virtual class schedule here](#)

## **Personal Training Your Way**

Up your fitness with an expert personal trainer, who will motivate and innovate to help you reach your goals.

You can choose to work with a trainer:

- In person, in dedicated, safe and clean spaces at the JCCs in Squirrel Hill and South Hills
- Online from wherever you are comfortable

### **Squirrel Hill**

- For returning clients: [conciierge@jccpgh.org](mailto:conciierge@jccpgh.org)
- For new clients: Laurie Wood [lwood@jccpgh.org](mailto:lwood@jccpgh.org)

### **South Hills**

Elaine Cappucci, [ecappucci@jccpgh.org](mailto:ecappucci@jccpgh.org)

# 6 BASKETBALL

## Private Basketball Training: ages 10+

### 1-on-1 and small group training sessions

1 player: \$60

2 players: \$40/person

3 players: \$35/person

4 players: \$30/person

### Squirrel Hill with Marcus Robinson

\$30/session; \$150/5 sessions; \$300/10 sessions

Marcus Robinson is a professional athlete, coach, trainer and mentor with 10+ years of playing and professional training experience in the tri-state area.

### South Hills with Unrico Abbondanza

Thursdays, Saturdays and Sundays by appointment.

Abbondanza was a 4-year starter for Lock Haven University and a three-time All-PSAC player.

[registration@jccpgh.org](mailto:registration@jccpgh.org)

## SPORTS

**In-person sports classes are offered at the Squirrel Hill location only**

### Sports of All Sorts: Preschool ages 3-5

Kids play alongside their parents in sports such as basketball, soccer, hockey and more, led by Coach Brandi. Parent participation is required.

Sundays

10-10:30 am

November 1-December 13 (no class November 29)

\$75

### Little Rookies Fall Basketball Clinic K-grade 2

Coach Brandi will teach younger players the game of basketball. Parent participation is required.

Sundays • 11-11:45 am

November 1-December 13 (no class November 29)

\$90

**Maximum number of participants for each class: 11**

[registration@jccpgh.org](mailto:registration@jccpgh.org)

# 7 BOOK AND AUTHOR SERIES

## **Book Festival *Live in Your Living Room***

We are pleased to join JCCs from all around the nation in offering this exciting book and author series of the MCJCC Atlanta and the National JCC Literary Consortium.

### **Steve Madden, *The Cobbler: How I Disrupted an Industry, Fell from Grace, and Came Back Stronger Than Ever***

Thursday, October 15 • 8 pm EST • \$11

### **Harlan Coben, *The Boy From the Woods***

Sunday, October 25 • 8 pm EST • \$23

### **Natan Sharansky and Gil Troy, *Never Alone***

Sunday, November 8 • 1 pm EST • \$6

### **John Grisham, *A Time for Mercy***

Wednesday, November 11 • 3 pm EST

### **Raffi Berg, *Red Sea Spies: The True Story of Mossad's Fake Diving Resort***

Sunday, November 15 • 3 pm EST • \$11

### **Mimi Lemay, *What We Will Become: A Mother, Son, and a Journey of Transformation***

Friday, November 20 • 2 pm EST • Free

### **Ina Garten, *Modern Comfort Food***

Wednesday, December 2 • 7:30 pm EST • \$45

**[For tickets, details and a full list of events click here](#)**

# 8 VIRTUAL SENIOR ACADEMY

## Virtual Senior Academy Online Classes for Everyone

Senior academy offers a variety of online classes. Offerings have included Medicare Enrollment, Brain Health, Art Therapy, Anticipatory Grief, Keeping up with the Grandkids and No Cook Meals.

### Featured classes

#### Tuesdays

[Social Justice: Eternal Values Applied to Contemporary Issues with Rabbi Ron Symons](#)

#### Thursdays

[Art and Quarantine Stories with Melissa Hiller](#)

**To see all the senior academy offerings and to register, go to the Virtual Senior Academy website**

<https://www.virtualsenioracademy.org/>

**For more details, email Maddie Barnes at [mbarnes@jccpgh.org](mailto:mbarnes@jccpgh.org) or call 412-697-1186.**



# 9 DAY CAMPS

## J&R Day Camp

Age 4-grade 5

Family Park, Monroeville

June 21-August 20

Monday-Friday • 9 am-3:30 pm

**Register by the week;  
weeks do not need to be consecutive**

### **Early Bird Rates (until December 31, 2020)**

1 week: \$375

2 weeks: \$750

3 weeks: \$1,125

4 weeks: \$1,500

5 weeks: \$1,875

6 weeks: \$2,250

7 weeks: \$2,625

8 weeks: \$3,000

9 weeks: \$3,375

\*Non-members add \$50 per week

**Questions: Rachael Speck  
[rspeck@jccpgh.org](mailto:rspeck@jccpgh.org), 412-697-3537**

## Specialty Camps

Grades 1-6

Squirrel Hill

July 12-August 20

Monday-Friday • 9 am-3:30 pm

Registration opens January 2021

**Questions: Jamie Scott  
412-697-3520 • [jscott@jccpgh.org](mailto:jscott@jccpgh.org)**

## Performing Arts Camp

Grades 4-10

Squirrel Hill

June 21-July 16

Monday-Friday • 9 am-3:30 pm

Lunch provided

Registration opens January 2021

**Questions: Kathy Wayne  
412-339-5414 • [kwayne@jccpgh.org](mailto:kwayne@jccpgh.org)**

**Camp registration  
[jccpghdaycamps.com](http://jccpghdaycamps.com)**

# 10 DAY CAMPS SOUTH HILLS

## South Hills Day Camp

June 14 – August 6

Register by the week; weeks do not need to be consecutive

Kosher-style lunch and afternoon popsicles are included in all camp programs

### Camp Sabra: Grades K-2

Half-Day Program: for children entering kindergarten (includes lunch) • 9 am-12:30 pm

Full Day Program • 9 am-3 pm

### Camp Chalutzim: Grades 3-6

9 am-3 pm

### Staff-in-training Leadership Program

Grades 7-10

8:30 am-3:30 pm

4-week minimum (do not need to be consecutive)

## Basketball Camp

Grades K-4

June 28-July 2

Monday-Friday

9 am-noon (lunch not included)

Noon-3 pm (lunch included)

## Performing Arts Camp

Grades 2-8 (3-week session)

July 19th-August 6th

Monday-Friday

### Early Bird Rates (until February 28, 2021)

Sabra half day: \$235

Sabra full day: \$365

Chalutzim: \$365

Performing Arts: \$375

Basketball: \$300

Basketball add-on: \$125

Staff in Training: \$210

Non-members add \$50 per week

### Questions: Jason Haber

412-278-1782 • [jhaber@jccpgh.org](mailto:jhaber@jccpgh.org)

Register for camp at  
[jccpghdaycamps.com](http://jccpghdaycamps.com)

# 11 EMMA KAUFMANN CAMP



EKC, the JCC's overnight summer camp, is situated along Cheat Lake near Morgantown, West Virginia, providing myriad opportunities for sports and recreational activities on land and water.

EKC camping programs, with an emphasis on Jewish values, are for kids entering grades 2 through 11. Activities include swimming, climbing tower, sports, waterskiing, cooking, theatre, music, canoeing, water sports, ceramics, arts & crafts, mountain biking, camping, horseback riding, dance, archery and more!

Our program is designed to promote connections, values, growth and fun for everyone involved!

For first time campers, and those in grades 2-6, we offer 2-week and 1-week options, in addition to our full sessions.

**Dates and rates for summer 2021:**  
[emmakaufmanncamp.com](http://emmakaufmanncamp.com)

**To learn more, contact  
Camp Director Aaron Cantor  
acantor@jccpgh.org  
412-339-5412**