

AgeWell LUNCH MENU

at the JCC

Week of May 3-7

Monday, May 3

Hot Meal

Tuna Burger
Stewed Tomatoes w/ Zucchini
Cabbage & Noodles
Bun
Watermelon

Cold Meal

Roast Beef
Tomato
Three Bean Salad
Wheat Bread
Tangerine
Honey & Oat Bar

Wednesday, May 5

Hot Meal

Chicken Breast w/ Mandarin Orange Glaze
Gourmet Potatoes
French Cut Green Beans & Almonds
Angel Food Cake w/ Strawberries

Cold Meal

Meatloaf
Pasta Salad
Bun
Orange

Cold Meal

Chicken Salad
Potato Salad
Wheat Challah
Cantaloupe
Honey & Oat Bar

**For Meals to Pick Up
Call 412-567-1715**

- You must be registered with AgeWell.
- Call to order for the following Monday and/or Wednesday by Sunday at 8 PM or Tuesday at 8 PM (for Wednesday only).
- Pick up your meals at the JCC on Monday and/or Wednesday between 11 AM-1 PM.

**For Meal Delivery
Call 412-339-5405**

- You must be registered with AgeWell and live in the 15217 zip code.
- Call to order for the following week by Tuesday at 8 PM.
- Your meals will be delivered on Mondays and Wednesdays between 11 AM-3 PM.

Other county-funded home-delivered meals, such as Mollie's Meals, LifeSpan, Eastern Area Adult Services, etc. cannot be received simultaneously with AgeWell Meals 2 Go/AgeWell Delivers.