

AgeWell LUNCH MENU

at the JCC

Week of May 24-28

Monday, May 24

Hot Meal

Low Sodium BBQ Lean Beef
Haluski
Orange Glazed Carrots
Wheat Bun
Fruit Cocktail

Cold Meal

Turkey Wrap w/ Chopped
Romaine & Scallions
Whole Wheat Tortilla
Pasta Salad
Orange

Wednesday, May 26

Hot Meal

Springs w/ Beef Meatballs & Pasta
Tossed Salad w/ Romaine, Green Peppers & Beets
Italian Bread
Banana

Cold Meal

Roast Beef
Tomato
3 Bean Salad
Multi Grain Bread
Tangerine

Cold Meal

Cheddar Cheese
Lettuce & Tomato
Pickle
Carrot Slaw
Wheat Challah
Watermelon
Honey & Oat bar

**For Meals to Pick Up
Call 412-567-1715**

- You must be registered with AgeWell.
- Call to order for the following Monday and/or Wednesday by Sunday at 8 PM or Tuesday at 8 PM (for Wednesday only).
- Pick up your meals at the JCC on Monday and/or Wednesday between 11 AM-1 PM.

**For Meal Delivery
Call 412-339-5405**

- You must be registered with AgeWell and live in the 15217 zip code.
- Call to order for the following week by Tuesday at 8 PM.
- Your meals will be delivered on Mondays and Wednesdays between 11 AM-3 PM.

Other county-funded home-delivered meals, such as Mollie's Meals, LifeSpan, Eastern Area Adult Services, etc. cannot be received simultaneously with AgeWell Meals 2 Go/AgeWell Delivers.