

AgeWell LUNCH MENU

at the JCC

Week of May 17-22

Monday, May 17

Hot Meal

Sliced Turkey
Tabbouleh
Wheat Bun
Peaches

Cold Meal

Tuna Salad
Potato Salad
Marinated Cucumbers
Rye Bread
Apple

Wednesday, May 19

Hot Meal

Herb Baked Chicken Breast w/ Gravy
Yams w/ Brown Sugar & Margarine
Italian Green Beans
Honey Wheat Bread
Noodles
Banana

Cold Meal

Corned Beef
Lettuce & Tomato
Orzo Salad w/ Peas & Corn
Rye Bread
Fruit Cocktail

Cold Meal

Chicken Salad w/ Romaine, Green Pepper & Chick Peas
Wheat Challah
Orange
Oatmeal Raisin Cookie

**For Meals to Pick Up
Call 412-567-1715**

- You must be registered with AgeWell.
- Call to order for the following Monday and/or Wednesday by Sunday at 8 PM or Tuesday at 8 PM (for Wednesday only).
- Pick up your meals at the JCC on Monday and/or Wednesday between 11 AM-1 PM.

**For Meal Delivery
Call 412-339-5405**

- You must be registered with AgeWell and live in the 15217 zip code.
- Call to order for the following week by Tuesday at 8 PM.
- Your meals will be delivered on Mondays and Wednesdays between 11 AM-3 PM.

Other county-funded home-delivered meals, such as Mollie's Meals, LifeSpan, Eastern Area Adult Services, etc. cannot be received simultaneously with AgeWell Meals 2 Go/AgeWell Delivers.