AgeWell LUNCH MENU

Week of May 10-14

Monday, April 10

**Hot Meal**
- Swiss Steak w/ Tomatoes,
- Onions & Gravy
- Chive Scalloped Potatoes
- Vegetable Medley (Carrots, Italian Green Beans, Cauliflower & Red Pepper)
- Rye Bread
- Orange

**Cold Meal**
- Chicken Breast
- Lettuce
- Broccoli Slaw
- Wheat Bread
- Grapes
- Graham Crackers

Wednesday, April 12

**Hot Meal**
- Turkey Meatballs in Teriyaki Sauce
- White Rice Pilaf
- Green Beans
- Wheat Bread
- Jelly Roll
- Pineapple

**Cold Meal**
- Roast Beef
- Coleslaw
- Lettuce
- Sweet Onion, Corn & Tomato Salad
- Wheat Sandwich Bun
- Apple

**Cold Meal**
- Egg Salad
- Confetti Couscous
- Wheat Challah
- Orange

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**For Meals to Pick Up**
Call 412-567-1715

- You must be registered with AgeWell.
- Call to order for the following Monday and/or Wednesday by Sunday at 8 PM or Tuesday at 8 PM (for Wednesday only).
- Pick up your meals at the JCC on Monday and/or Wednesday between 11 AM-1 PM.

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**For Meal Delivery**
Call 412-339-5405

- You must be registered with AgeWell and live in the 15217 zip code.
- Call to order for the following week by Tuesday at 8 PM.
- Your meals will be delivered on Mondays and Wednesdays between 11 AM-3 PM.

*Other county-funded home-delivered meals, such as Mollie’s Meals, LifeSpan, Eastern Area Adult Services, etc. cannot be received simultaneously with AgeWell Meals 2 Go/AgeWell Delivers.*