

AgeWell LUNCH MENU

at the JCC

Week of May 10-14

Monday, April 10

Hot Meal

Swiss Steak w/ Tomatoes,
Onions & Gravy
Chive Scalloped Potatoes
Vegetable Medley (Carrots, Italian Green Beans,
Cauliflower & Red Pepper)
Rye Bread
Orange

Cold Meal

Chicken Breast
Lettuce
Broccoli Slaw
Wheat Bread
Grapes
Graham Crackers

Wednesday, April 12

Hot Meal

Turkey Meatballs in Teriyaki Sauce
White Rice Pilaf
Green Beans
Wheat Bread
Jelly Roll
Pineapple

Cold Meal

Roast Beef
Coleslaw
Lettuce
Sweet Onion, Corn & Tomato Salad
Wheat Sandwich Bun
Apple

Cold Meal

Egg Salad
Confetti Couscous
Wheat Challah
Orange

**For Meals to Pick Up
Call 412-567-1715**

- You must be registered with AgeWell.
- Call to order for the following Monday and/or Wednesday by Sunday at 8 PM or Tuesday at 8 PM (for Wednesday only).
- Pick up your meals at the JCC on Monday and/or Wednesday between 11 AM-1 PM.

**For Meal Delivery
Call 412-339-5405**

- You must be registered with AgeWell and live in the 15217 zip code.
- Call to order for the following week by Tuesday at 8 PM.
- Your meals will be delivered on Mondays and Wednesdays between 11 AM-3 PM.

Other county-funded home-delivered meals, such as Mollie's Meals, LifeSpan, Eastern Area Adult Services, etc. cannot be received simultaneously with AgeWell Meals 2 Go/AgeWell Delivers.