AgeWell at the JCC serves as a Senior Center Community Focal Point
- Funded in part through Allegheny County, Department of Human Services, and Area Agency on Aging
- Provided 26,700 kosher congregate meals
- Program and services attendance averaged over 40,000 with an average daily participation of 159 older adults.
- Provided over 950 information and assistance referrals
- Offered volunteer opportunities to older adults culminating in over 6,500 hours
- Offered an array of health, wellness and fitness programs that serviced over 12,000 older adults
- The number of older adults who stayed fit with programs through SilverSneakers® and Silver & Fit® grew to 8,363 individuals.
- Elder Express provided 5,020 rides this past year.

AgeWell at the JCC’s demographic profile in FY 18
- Gender
  - 70% Female
  - 30% Male
- Nationality
  - 80% Caucasian
  - 9% African-American
  - 7% Asian
  - 4% Other
- Age
  - 10% ages 60-64
  - 37% ages 65-74
  - 27% ages 75-8
  - 26% ages 85+
- 44% of AgeWell at the JCC members live alone

Mission
To provide seamless delivery of services to Pittsburgh’s older adults, providing support to live as independently as possible.

AgeWell at the JCC
Alexis Winsten Mancuso, Assistant Executive Director
Sharon Feinman, Division Director
Darlene Cridlin, Department Director
Marsha Muller, Program Coordinator for Healthy Aging
Amy Gold, Information & Referral Specialist
Michelle Hunter, Program Coordinator
Debbie Marcus, Program Coordinator
Maddie Barnes, Program Coordinator

Advisory Council Members
Audrey Furcron, President
Loretta Kinger, Recording Secretary
Geri Coffey
Nathan Cohen
Francine Gelernter
Jacqueline Richey
Sally Schweitzer
Carla Snow
Sam Blackburn
Robert Galardi

AgeWell at the JCC, a nationally accredited Senior Center program, is part of a unique partnership of AgeWell Pittsburgh. AgeWell Pittsburgh is a 16-year-old collaborative program of the Jewish Association on Aging, Jewish Community Center of Greater Pittsburgh and Jewish Family & Community Services, serving more than 10,000 older adult clients and their family caregivers. The goal of the collaboration is to provide seamless delivery of services to Pittsburgh’s older adults, providing support to live as independently as possible. AgeWell Pittsburgh offers a one-stop resource that links older adults, their family members, friends and caregivers to solutions for issues related to aging to maximize health and independence for older adults.
Classes about health and wellness; Enrichment opportunities included for adults age 60 and older to attend classes at the JCC. CheckMates entered into an expansion in collaboration with the South Hills Interfaith Movement (SHIM). AgeWell Pittsburgh is providing SHIM technical assistance to guide and support the replication of the CheckMates program to a wider catchment area of underserved older adults.

Life Skills and Education

MindMatters

This program, offered through the Pennsylvania Department of Aging and Central PA's PBS Station WITF, consisted of presentations by academics and lecturers on subjects via webcast with group discussion following the presentations. In her new role at the JCC, she will oversee the expansion of various programs for older adults, including the HomeMeds Medication Assurance program.

Volunteerism

CheckMates

CheckMates, a program of AgeWell at the JCC, is a phone telecare assurance program consisting of older adult volunteers making weekly phone calls to other older adults who may be isolated, homebound or lonely. Through our trained and experienced social workers, we are able to connect these CheckMate recipients with additional support and community resources in order to help them remain independent and in their own homes.

In April, at the Kimpton Hotel Monaco, downtown, Pat Battaglia was recognized at the United Way Fred Roger's Good Neighbor Awards ceremony. Pat was recognized for her 11 years of dedication and commitment toward helping local seniors remain safe and independent in their own homes through weekly phone calls with the CheckMates program, an Open Your Heart to a Senior initiative through the United Way. Pat’s weekly phone calls have made a difference in so many older adults’ lives. Pat has developed some special bonds with the people that she calls and those bonds have extended to some of the recipients' adult children, or other family members. These family members have acknowledged how much Pat's phone calls mean to their loved ones.

Through AgeWell Pittsburgh’s active participation in United Way of Southwestern Pennsylvania’s Open Your Heart to a Senior Program, CheckMates entered into an expansion in collaboration with the South Hills Interfaith Movement (SHIM). AgeWell Pittsburgh is providing SHIM technical assistance to guide and support the replication of the CheckMates program to a wider catchment area of underserved older adults.

Arts & Humanities

Art for a Cause

The Pittsburgh 10 is a group of regional artists brought together by Lila Hirsch Brody in 2015 to celebrate their friendship through exhibitions focusing on new work. The artwork was on display and for sale in the Robinson building from August through September. Several of the artists gave weekly talks about their work.

A portion of the proceeds went to the JCC’s Zola Hirsch Fund for Special Needs.

Health and Wellness

The following health and wellness evidence-based and/or evidence-informed programs are offered in the JCC Squirrel Hill location, as well as the JCC South Hills and the West Homestead Apartments.

HomeMeds Medication Assurance Program (Partners in Care Foundation)

AgeWell at the JCC contracted with Allegheny County, Department of Human Services, Area Agency on Aging to administer the HomeMeds Medication Assurance Program as well as participate as a site.

Nutrition education; consumer education and self-enrichment. Over 100 AgeWell at the JCC members attended classes with some topics including Arts & Crafts, Pittsburgh Trolleys, Digital Photography, Fashion Through the Ages, and numerous other topics.

For adults age 60 and older to attend classes at the JCC. CheckMates entered into an expansion in collaboration with the South Hills Interfaith Movement (SHIM). AgeWell Pittsburgh is providing SHIM technical assistance to guide and support the replication of the CheckMates program to a wider catchment area of underserved older adults.

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