

JCC LARGE POOL SCHEDULE

SEPTEMBER-DECEMBER 2019

All lanes open unless otherwise noted

T SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Pool opens 7:45 am	Pool opens 5:30 am	Pool opens 5:30 am	Pool opens 5:30 am	Pool opens 5:30 am	Pool opens 5:30 am	Pool opens 8 am	
7:45-8:30 am Swim Teams Open Lanes (3)	9-10 am Aqua Fit Open Lanes (4)	5:30-7 am Masters/Adults Open Lanes (3)	9-10 am Aqua Fit Open Lanes (4)		9-10 am Aqua Fit Open Lanes (4)	Holiday Hours Labor Day, Monday, September 2 Centerfit open 8 am-2 pm Family Park in Monroeville, 11 am-7 pm Rosh Hashanah Buildings close at 5 pm on Sunday, September 29 Closed Monday, September 30 Closed Tuesday, October 1 Yom Kippur Buildings close at 5 pm on Tuesday, October 8 Closed Wednesday, October 9 Sukkot Buildings close at 5 pm on Sunday, October 13 Closed Monday, October 14 Shemini Atzeret Buildings close at 5 pm on Sunday, October 20 Closed Monday, October 21 Thanksgiving, Thursday, November 28 Centerfit open 8 am-2 pm Christmas Eve and Christmas Tuesday, December 24: open 5:30 am-6 pm Wednesday, December 25: open 8 am-6 pm ECDC closed New Year's Eve and New Year's Day Tuesday, December 31: open 5:30 am-6 pm Wednesday, January 1, 2020: Centerfit open 8 am-2 pm	
8:30-11:30 am Masters/Adults Open Lanes (3)							
11:30 am-1:30 pm Group Swim Lessons Open Lanes (5)	4-5 PM Squirrel Hill Swim Team Pool Closed		4-5 PM Squirrel Hill Swim Team Pool Closed		4-6 pm Sailfish Swim Teams Open Lanes (2)		
4-5 pm FEMALE ONLY SWIM	5-6 pm Sailfish Swim Teams Open Lanes (1)	5:30-6:30 pm Masters (4) Special Olympics (2) Open Lanes (1)	5-6 pm Sailfish Swim Teams Open Lanes (1)	5-6:30 pm Sailfish Swim Teams Open Lanes (3)			
5-6 pm MALE ONLY SWIM	6-8 pm Sailfish Swim Teams Open Lanes (2)	6:30-7 pm Masters (3) Sailfish (3) Open Lanes (1)	6-8 pm Sailfish Swim Teams Open Lanes (2)				
		7-8 pm Sailfish (4) Adult Lessons (1) Open(2)		6:30-8 pm Masters Group Swim Lessons Open Lanes (2)	Private swim lessons are sometimes scheduled during Open Swim times.		
		9-10 pm MALE ONLY SWIM	9-10 pm FEMALE ONLY SWIM				
Pool closes 6 pm	Pool closes 10 pm	Pool closes 10 pm	Pool closes 10 pm	Pool closes 10 pm	Pool closes 6 pm		Pool closes 6 pm

JCC SMALL POOL SCHEDULE

SEPTEMBER-DECEMBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Pool opens 7:45 am	Pool opens 5:30 am	Pool opens 5:30 am	Pool opens 5:30 am	Pool opens 5:30 am	Pool opens 5:30 am	Pool opens 8 am
		8-9 am Aqua Walkout		8-9 am Aqua Walkout		
9 am-12:30 pm Closed For Swim Lessons		9:25-10:15 am Early Childhood Group Swim		9:25-10:40 am Early Childhood Group Swim		Private swim lessons may use one-third of the small pool with lane ropes during open swim times.
	10-10:30 am Group Swim Lessons	10:15-10:45 am Group Swim Lessons	10:15-10:45 am Group Swim Lessons			
	10:45-11:30 am Shake, Splash & Roll	10:45-11:30 am SilverSplash	10:45-11:30 am Shake, Splash & Roll	10:45-11:30 am SilverSplash	10:45-11:30 am Shake, Splash & Roll	
	Noon-1 pm Arthritis Exercise	12:30-1 pm Group Swim Lessons	Noon-1 pm Arthritis Exercise	11:30 am-1 pm Group Swim Lessons	Noon-1 pm Arthritis Exercise	2-3 pm Occasional birthday parties
2-3 pm Occasional birthday parties			3-4 pm Group Swim Lessons	3-5 pm Group Swim Lessons		
4-5 pm FEMALE ONLY SWIM	4-6 pm Closed For Swim Lessons	4:30-5:15 pm Teen/Young Adult Center and Clubhouse	4-6 pm Closed For Swim Lessons	5-6:30 pm Closed For Swim Lessons	4:30-5:15 pm Teen/Young Adult Center	
5-6 pm MALE ONLY SWIM						For more information: 412-339-5429
		9-10 pm MALE ONLY SWIM	9-10 pm FEMALE ONLY SWIM			
Pool closes 6 pm	Pool closes 10 pm	Pool closes 10 pm	Pool closes 10 pm	Pool closes 10 pm	Pool closes 6 pm	Pool closes 6 pm