



FALL SWIM LESSON SCHEDULE 2019

****Updated: 9/4/2019**

JCC South Hills
345 Kane Blvd
Pittsburgh, PA 15243
412-278-1975

POOL HOURS
Monday-Thursday 5:30a-9:30p
Friday 5:30a-6p
Saturday & Sunday 8a-6p

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
POOL OPEN 8am-6pm	POOL OPEN 5:30am-9:30pm	POOL OPEN 5:30am-9:30pm	POOL OPEN 5:30am-9:30pm	POOL OPEN 5:30am-9:30pm	POOL OPEN 5:30am-6pm	POOL OPEN 8am-6pm
<i>Swim Lessons</i> 9:30am-11:30am *open section/ 11:30am-1pm *open section/1 lap lane	<i>Swim Lessons</i> 10am-11am *open section	<i>Swim Lessons</i> 9:30am-10am *open section <i>ECDC Swim</i> 10:30am-11:30am *open section	<i>ECDC Swim</i> 10am-11:30am 1:30pm-2pm *open section	<i>Swim Lessons</i> 10am-11am *open section 11am-11:30am *open section/1 lap lane		
<i>Splash Exercise</i> 12:30pm-1:30pm *open section	<i>Arthritis Class</i> 10am-11am *open section <i>Splash Exercise</i> 1pm-2pm *open section	<i>Arthritis Class</i> 12pm-1pm *open section	<i>Arthritis Class</i> 12pm-1pm *open section <i>Splash Exercise</i> 4pm-5pm *open section	<i>Splash Exercise</i> 1pm-2pm *open section	<i>Arthritis Class</i> 10am-11am *open section <i>Aqua Groove</i> 11am-12pm *open section	<i>AquaFit</i> 8:30am-9:30am *open section
	<i>Swim Lessons</i> 2:30pm-4pm *open section	<i>Swim Lessons</i> 2:30pm-4pm *open section 6pm-7:30pm *open section	<i>Swim Lessons</i> 2:30pm-4pm *open section 6pm-7pm *open section/1 lap lane	<i>Swim Lessons</i> 6pm-7:30pm *open section		
		<i>Sailfish Swim Team</i> 6:30pm-7:30pm *2-3 lap lanes		<i>Sailfish Swim Team</i> 6:30pm-7:30pm *2-3 lap lanes		